## Monday, August 26

PRECONFERENCES	
8:00 am	Check In for Preconference
8:30 am – 12:00 pm	Strategic Doing: The Game
Preconference 1	Lauren Goldstein, Betty Johnson, Geniphyr Ponce, Liz Nilsen
1:00 – 4:00 pm	Join the Movement! An Intensive Hands-On Skills Training Workshop in Providing Mental Health Evaluations for Immigrants Fleeing Torture and Persecution
Preconference 2	Shawn Sidhu, Erik Bayona, and Rahul Vasireddy
1:30 – 4:30 pm	Peer Specialists' Unique Role in Rural Community Health
Preconference 3	Sarah Brown, Pari Noskin
1:00 – 4:30 pm	Supervision Workshop
Preconference 4	Bill Baerentzen, Claudia Zundel and Christine Chasek
12:00 – 4:00 pm	WICHE (Western Interstate Commission on Higher Education) BHOC Annual Meeting

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12:00 – 4:00 pm	WICHE (Western Intersta	WICHE (Western Interstate Commission on Higher Education) BHOC Annual Meeting								
Tuesday, August 27										
7:30 am	Check In for Conference									
8:00 - 9:00 am	Breakfast Buffet, Networ	king and Mariachi Band E	ntertainment							
9:00 - 9:30 am	Welcome, Introductions	and Going to Bat Award								
	Recipient: Governor Mich	elle Lujan Grisham								
9:30 – 10:30 am	Plenary 1: The Path to Th	riving: Strategic Doing and	d Rural Mental Health							
9.30 – 10.30 am	Liz Nilsen, Lauren Goldste	in, Betty Johnson, Geniphy	r Ponce Pore							
10:40 – 11:40 am Concurrent Session 1	1A A Kingdom Far Away: Raising a Daughter with Mental Illness in a Systematically Unsafe World Kari Gusso, Virginia Ann Waldorf	1B Destress, Decompress, and Have Fun: Essential Self-Care Cheri Loggains	1C Exploring Mental Health Counseling, Religion, and Spirituality in Rural lowa Diane Walsh	Solutions to Bridge the Behavioral Health Divide in PCP Settings Christine Andersen, Lisa Clements	1E Knocking on the Door: Youth Perspectives on Psychiatric Service Access David Miller, Scott Ronis	1F Thrive Allen County! - A Rural Kansas Community Turnaround Lisse Regehr	1G WSDSG SAMHSA Issues and Updates for Mental Health Block Grant State Data Reporting and Uses Steven Dettwyler			
11:40 am – 12:10 pm	Break, Grand Opening of Exhibits and Networking									
12:10 – 1:40 pm	Howery Award Recipient: Federal Updates, Commu	Awards Luncheon: Howery Award, Going to Bat Award and Ann Schumacher Award  Howery Award Recipient: Anne Hazlett; Going to Bat Award Recipient: Wayne Lindstrom; Ann Schumacher Award Recipient: Matt Probst  Federal Updates, Community Assessment Tool  Anne Hazlett, White House Office of National Drug Control Policy								
1:50 – 2:50 pm Concurrent Sessions 2	2A Redesigning Practice in New Mexico: Practice and Policy Changes from Implementation of the Treat First Model Kate Gibbons, Lacy Keith, Renee Edwards, Stacey Palmer	2B Implementing Strategic DoingA Dynamic Strategy! Lauren Goldstein, Betty Johnson, Geniphyr Ponce Pore	2C Honoring Transitions: A Mindful Approach Brenda Frink, Jackie West	2D Ethics: The Five Pillars of Rural Community Mental Health Services Gregory McCutcheon	2E Online Learning: An Innovative Approach to Training Certified Peer Specialists – sharing the experiences of over 10,000 online learners in New York State Rita Cronise	2F Preparing Social Work and Counseling Students for Rural Communities Sheri Boyle, Elizabeth Gruber	2G WSDSG Engaging Stakeholders with Data using Parties and Interactive Games Lee Ann Ratzlaff, Cynthia Killough			
3:00 – 4:00 pm Concurrent Sessions 3	3A Creative Journal Writing and the Path to Thriving!	3B Addressing Behavioral Health Workforce Shortages Through Telesupervision	3C Building Communities of Hope Suicide Prevention Initiative: One Voice, One Nation	3D Gun Ownership and Mental Health: Reducing Suicide in Rural Communities	3E 1 "Rural-specific" Types of Childhood Trauma in Latino/a Children in Rural Communities:	3F Mental Health Issues of Coal Miners Seeking Black Lung Benefits	3G WSDSG Telemedicine Setup for Mental Health Clients in Rural			

					3E 2 How are Agricultural Industries Impacted by Opioids, and What Roles do Pain, Depression and Stress Play? Heidi Radunovich	Tomann			
4:30 – 6:00 pm	Reception and Flamenco	Dancing							
		•			eased to present Albuquerq	•	· ·		
	·	•			enced, and passionate dance	•			
					lence, and will enchant you	with gorgeous, colorful c	ostumes, beautiful		
	melodies and rhythms, and a blend of traditional and modern flamenco footwork.								

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Wednesday, August 28 7:30 – 9:10 am	Breakfast Buffet, NARMH	I Membership Meeting, Ru	ıral Arts Award and Welco	ome						
	Rural Arts Award Recipient: Sarah Elisabeth Brown									
9:10 – 10:10 am	Plenary 2: From Surviving to Thriving in American Indian Communities: Transcending Historical Trauma									
	Esther Tenorio, Jimel Sandoval, Ryan Sanchez, Deborah Altschul, Maria Yellow Horse Brave Heart									
10:20 – 11:20 am Concurrent Sessions 4	4A Public/Private Collaboration: Emergency Department Behavioral Health Tele- Video Program Peter VanDusartz, Corby Stark	4B "From Battleground to Breaking Ground". Combining Education and Wrap-Around Holistic Supportive Services for Beginning Farmers and Ranchers Jennifer Christman, Rick Peterson	4C Reaching and Engaging Rural Families: Supporting Permanency and Well Being in Foster Care and Adoption Edna Davis Brown, Dawn Wilson	4D Documentary: The Shake-Up; Cause and Consequences of New Mexico's 2013 Behavioral Health Medicaid Freeze Ben Altenberg, Caroline Bonham	4E 1 Building the Rural Addiction Counseling Workforce Tina Chasek, Brent Kahn 4E 2 Workforce, Recruitment and Retention of Behavioral Health Providers in the Bering Strait Region of Alaska Lindsey Hickey, Seth Green	4F Responding to Behavioral and Mental Needs Among Rural lowans and Farming Communities David Brown	4G WSDSG Business Meeting (Closed to NARMH attendees)			
11:20 – 11:50 am	Break, View Exhibits and	Networking and *POSTER	S							
11:50 – 1:30 pm	-	el Introducing the MHTTC , Rachelle Espiritu, Liza Tup		opment Resource						
1:40 – 2:40 pm Concurrent Sessions 5	5A Building Bridges through Innovative Collaboration: Increasing Capacity to Address Needs Annette Crisanti, Pari Noskin, Raven Cuellar, Brian Isakson	5B Family Matters: Using the Family System to Heal Attachment Wounds Elizabeth Marston, Samuel Marion	5C Starting Where You Are: Collecting and Using Data Lee Ratzlaff, Debra Heath, Jessica Reno, Jen Panhorst	5D	5E 1  "How Long You in For?": Factors  Predicting Psychiatric Length-of-Stay David Miller, Scott Ronis, Amanda Slaunwhite 5E 2  Creating Program Evaluations in Rural Alaska: Ensuring Postdoctoral Fellows Receive High Quality	5F Honoring Native Life: Creating Conversations Around Suicide Prevention & Response Caroline Bonham	5G Advocating for School Based Mental Health Stefanie Winfield, Liza Tupa			

					Training for Professional Development Seth Green, Lindsey Hickey		
2:50 – 3:50 pm Concurrent Sessions 6	6A Implementing SBIRT in Rural Clinics: A How to Guide Tina Chasek, Shinobu Watanabe-Galloway	6B Building a Statewide Tele-Behavioral Health Network Caroline Bonham, Margaret Greenwood- Ericksen, Jessica Reno, Chelsea White	6C Iwankapiya-Healing: Clinical Research Addressing Historical Trauma Healing Among American Indians Maria Yellow Horse Brave Heart, Josephine Chase	6D Master of None, but Therapists to All Samuel Marion, Elizabeth Marston	6E Collaboration is Key: First Responders and Mental Health Crises Response Kristin Chandler	6F Building Communities of Hope: Lessons from New Mexico Rural Networks Anne Hays Egan, Lauren M. Reichelt	6G Assessing Workforce Diversity for Health Equity in Mental Health Organizations Rachelle Espiritu, Kristi Silva
4:00 – 5:00 pm Concurrent Session 7	7A Building a Framework for Crisis Response in Rural Communities Leah Becknell, Jeffrey Hite	7B Rural Solutions - Development of the Utah Rural Opioid Health Care Consortium Jeanie Willson, Karen Dolan, Ashley Yaugher, Jac'lyn Bera	7C How to Stimulate Investment in Rural and Frontier Well- being Susan Wilger, Joseph Hill, Raven Cuellar	7D Engaging a Crisis Line Wendy Linebrink- Allison	7E Adapting a Peer-Based Youth Substance Use Intervention for Rural Contexts Laura Pannella Winn	7F Creative Approaches to Prevention and Behavioral Health in Rural Virginia Mindy Thorpe, Beth O'Connor	7G Organizational Policy Assessment for Workforce Diversity and Inclusion Rachelle Espiritu, Kristi Silva
Dinner on Your Own		,					
7:30 – 8:30 pm	NARMH Night at the Mov Michael G. Bare, ITVS	vies: The Provider					

Thursday, August 29

7:00 – 7:45 am	Breakfast Buffet, View Exhibits and Networking										
7:45 – 8:00 am	Welcome										
8:00 – 9:30 am	Plenary 4: The Very Large Array of Youth and Adult Peer Support										
	Avi Kriechman, Annette (	Avi Kriechman, Annette Crisanti, Carol Luna-Anderson, Kathy Sunderland-Bruaw, Harmony Johnson, Mohammed Abdullah, Shelby McDaniel, Dahlia Christen, Donald Hume									
9:30 – 9:50 am	Break, View Exhibits and	l Networking									
9:50 – 10:50 am Concurrent Sessions 8	8A MoodAffect Thinking: The Impact of MS on Mental Health Vicki Kowal, Carrie Bravinder	8B Rural Psychiatry Residency Program - A Collaboration Between New Mexico Human Services Department and UNM Jose Canaca, Rahul Vasireddy, Erin Rush, Cynthia Killough	8C Reactive Attachment Disorder, How Trauma Rewires the Brain Amy Swigart	8D New Kids on the Block: Recruiting Rural Mental Health Professionals Ronald Palomares, Brittany Boone, Akemi Inugay, Matthew Sutton	8E Changing Attitudes and Beliefs Surrounding Mental Health Issues in a Rural Student Population: Strategies and Lessons Learned Catherine Jones- Hazledine, Andrew Rodriguez, Lauren Coffey, Shanna Rosentrater, Michael Steube	8F Recovery Friendly Language Wendy Linebrink- Allison	8G Creating A Culture Of Cybersecurity Through Experiential Learning Bruce McCully				
	9A	9B	9C	9D	9E	9F	9G				
11:00 am – 12:00 pm	Training and Capacity	The Role of	Lay Interventions for	The Impact of	Cohesive Promotion	Fixing The Behavioral	In-Vivo and Tele-				
Concurrent Sessions 9	Building in	Telepsychiatry in Rural	Rural Access: Peer	Culturally-Tailored	and Implementation of	Healthcare Fix:	Therapy with Tribal				
	Rural/Frontier	Communities	Support Everywhere	Mental Health	Healthy Relationship	Treating 22,000	Communities:				

	Behavioral Health Workforce Development Martha J. Faulkner, Flor Cano-Soto, Rebecca Ezechukwu, Bess Friedman, Pari Noskin, Julie Griffin Salvador, Avi Kriechman, Jen Panhorst, Raven Cuellar	Carol Capitano	Rod Rushing, Angelo Lagares	Programs on Rural Australians Jennifer Bowers	Education in Rural Iowa to Promote Overall Health and Wellness Anthony Santiago	Addicts David Conejo	Addressing Historical Trauma Responses Maria Yellow Horse Brave Heart, Josephine Chase, Caroline Bonham
12:10 – 12:30 pm	Closing Session: Next Ste	ps and Door Prizes					

## \*POSTER SESSION

- P1 Addressing the Mental Health Shortage in Rural New Mexico
- P2 Depressive Symptoms among Elderly Rural New Mexico Uranium Workers
- P3 Development of a Cross Cultural Exchange Program A Resident's Experience in International Networking
- P4 Examining Autism Spectrum Disorder in Children with Prenatal Opioid Exposure
- P5 Integrating Social Justice Advocacy into Mental Health Counseling in Rural, Impoverished American Communities
- P6 Learning Communities to Support Rural Peer Workforce Implementation
- P7 Rural Practitioners and Disaster Mental Health
- P8 Accessible Online Epilepsy Training for Behavioral Health Care Providers
- P9 Coordinated Approaches to the Care of Women with Substance Use in Pregnancy

## **CONTINUING EDUCATION CREDITS**

The University of New Mexico Department of Psychiatry & Behavioral Health Division of Community Behavioral Health (CBH) is honored to provide a variety of options of continuing education credits for licensed professionals attending the conference. CBH is authorized to approve continuing education credits for:

- o New Mexico Counseling and Therapy (NMCTB) CE unit(s)
- o National Board of Certified Counselors (NBCC) CE credit(s)
- o American Psychological Association (APA) CE credit(s)
- o Certificate(s) of Completion (verification of attendance)
- o Continuing Medical Credits (CME) (will be offered through CoMagine Health)

Please click on the link below to register for 2019 NARMH Annual Conference continuing education credits (Please Note you must be registered to receive continuing education credits.) https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K

Disclaimer: Many but not all conference presentations will be approved for continuing education credits. It is the participant's responsibility to determine the approved presentations and the types of continuing offered. It is also each participant's responsibility to verify if the approved continuing education credit(s) are accepted by their licensure accrediting board(s).

Please contact the CBH CE Team at crcbhtelehealth@gmail.com for questions or comments.