

2019 Annual National Association for Rural Mental Health Conference Continuing Education Program



From Surviving to Thriving:
Embracing Connections

Emily Louise Heard



**SCHOOL
OF MEDICINE**

DEPARTMENT OF PSYCHIATRY
& BEHAVIORAL SCIENCES

Division of Community Behavioral Health

August 26 - 29, 2019

La Fonda on the Plaza
100 E. San Francisco St.
Santa Fe, New Mexico
87501

2019 Annual National Association for Rural Mental Health Conference

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Disclaimer: Many, but not all, of the conference presentations are approved for continuing education credits (CEs). It is solely the participant's responsibility to determine whether the presentation is 1) approved for CEs; and 2) if the CEs offered are accepted by their licensure accrediting board(s).

Continuing Education Program

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Attention: Don't forget to scan your barcode!

Message from the Directors

The University of New Mexico Department of Psychiatry & Behavioral Sciences, Division of Community Behavioral Health (CBH)

Dear Conference Attendees:

On behalf of the University of New Mexico's Division of Community Behavioral Health in the Department of Psychiatry and Behavioral Sciences, we welcome you to the 45TH ANNUAL NATIONAL ASSOCIATION OF RURAL MENTAL HEALTH (NARMH) CONFERENCE in Santa Fe, NM! While it has been a year since NARMH's last convening, we hope you are excited to participate in the conference preceding, catch up with old friends, and meet new ones!

We know the scenery of this beautiful Southwestern city will help put you in the mindset of this year's theme, "From Surviving to Thriving: Embracing Connections". NARMH "rode the winds of change" in Santa Fe in 2002 and now, we return in 2019 to see what we have learned, what changes have occurred, and where we are headed.

This year's presenters offer a wide range of diverse topics and experiences to inspire attendees traveling from near and far to learn about the various approaches to behavioral health in diverse rural and frontier communities. As the premier rural mental health conference in the USA, we hope you take advantage of every opportunity to expand your knowledge by attending a variety of sessions; networking with the field's leading professionals, and reinvigorating your career through continuing education.

Please join us at the conference kick-off on Tuesday morning, when we listen to Mariachi music and present our Governor, Michelle Lujan Grisham, with the Going to Bat Award. Join us for numerous breakout-sessions, and our diverse plenaries focusing on: 1) The Path to Thriving: Strategic Doing and Rural Mental Health; 2) From Surviving to Thriving in American Indian Communities: Transcending Historical Trauma; 3) Introducing the MHTTC- A New Workforce Development Resource; and 4) The Very Large Array of Youth and Adult Peer Support. Also, kick back and have fun at the Flamenco Dancing reception, a time to mingle and enjoy each other's company, and support local Native American artists showcasing their beautiful jewelry and crafts for sale in the conference foyer.

As the University partner co-hosting the conference this year, we want to personally thank all the individuals who worked tirelessly to make this event such a huge success. Your diligent efforts are vital to this organization and our profession!

Looking forward to an amazing conference!

Sincerely,

Deborah Altschul, Ph.D. and Caroline Bonham, MD
Co-Directors, UNM Division of Community Behavioral Health

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Who Are We

The University of New Mexico Department of Psychiatry & Behavioral Sciences, Division of Community Behavioral Health (CBH)

In partnership with families, communities and state agencies, The University of New Mexico Department of Psychiatry & Behavioral Sciences, **Division of Community Behavioral Health (CBH)**, provides community oriented psychiatric and behavioral health services, systems consultation, services research, workforce development and training throughout New Mexico.

UNM CBH's faculty and staff have a variety of expertise including:

- Rural mental health
- School Community Behavioral Health
- Native American Behavioral Health
- Cultural competency,
- Child and Adolescent Behavioral Health
- Refugee Behavioral Health
- Evidence Based Practice Implementation
- Traumatic Brain Injury
- Developmental Disabilities
- Co-occurring Disorders
- Severe and Persistent Mental Illness.
- Behavioral Health Services Research & Evaluation
- Tele-Behavioral Health

NMCBT, NBCC, APA Continuing Education Provider

Contact Information

UNM Dept. of Psychiatry & Behavioral Health, Division of Community Behavioral Health (CBH)
MSC09 5030, 1 UNM, Albuquerque, NM 87131 - 0001
(505) 272-1566

clinTBH@salud.unm.edu

For further information, please go to our website.

<https://hsc.unm.edu/school-of-medicine/psychiatry-behavioral-sciences/divisions-centers/index.html>

CBH Listserv

To subscribe to this email: TeleBH@salud.unm.edu

Continuing Education Information & Instructions

Continuing Education Contact Hours

It is an honor for **CBH** to provide a variety of continuing education credits options for licensed professionals attending the conference at no cost. **CBH** is an approved continuing education provider for:

- New Mexico Counseling and Therapy (NMCTB) CE unit(s)
- National Board of Certified Counselors (NBCC) CE credit(s)
- American Psychological Association (APA) CE credit(s)
- Certificate(s) of Completion (verification of attendance)

Comagine provides continuing Medical Education Credits (CME).



Comagine Health is a national, nonprofit, health care consulting firm, working collaboratively with community partners to reimagine, redesign and implement sustainable health care system change.

Preconference | Monday, August 26, 2019

Up to 6.5 Contact Hours

Day 1 | Tuesday, August 27, 2019

Up to 4 contact hours

Day 2 | Wednesday, August 28, 2019

Up to 6 contact hours

Day 3 | Thursday, August 29, 2019

Up to 3.5 contact hours

It is your responsibility to determine whether any particular session meets the requirements for acceptable continuing education for any given board, state, or license since licensing boards have different requirements for each state.

Registration

All 2019 Annual NARMH Conference attendees requesting continuing education credits must register prior to the conference. Continuing education registration will be limited during the conference.

Please click on the link below to register:

<https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K>

Attendance Verifications

Please allow yourself 5-10 minutes before and after each presentation to complete the sign-in/sign out process. The approving continuing education entities require verification of attendance for participants who are requesting CEs. Participants must use their unique barcode to verify attendance at each presentation.

Barcode Process

- Participants will receive a unique barcode via email/text. You must verify that all information is correct.
 - To use barcode
 - Print a copy of barcode received
 - Utilize your smartphone with the barcode
- It is your responsibility to scan your barcode with the CE proctor before and after the training.

The same process is required if you need to leave the presentation and return later.

- **Failure to scan in/out will result in No Credits/Units/Hours.**
- Per accreditation guidelines, APA does not allow partial credit. You will need to be present for the entire training in order to receive CE credit.

NMCBT, NBCC, APA, & Certificate of Attendance Evaluations

Within 72 business hours after the conference, you will receive an email at the address you provided during the CE registration. This email will include a link to an evaluation survey for all sessions, which you attended **only** after your attendance is verified. Please refer to “Attendance Verification” for details.

- Follow all instructions provided via email from clinTBH@salud.unm.edu. Please make sure you check your junk/spam folders.
- Complete the online evaluation
- The evaluation will remain open for **seven (7) days**.
- You will receive a reminder email from clinTBH@salud.unm.edu if you have not completed the evaluation survey by the sixth day.
- Upon completion of the evaluation:
 - Please **save, print, or screen shot** your certificate at this time.
 - You have the option to reenter your email address at the end of the evaluation; the certificate will be automatically emailed to you.
 - This is the only process in which to obtain your certificate.

We anticipate processing a multitude of evaluations surveys; therefore, we will strictly adhere to the deadlines set forth.

CME Evaluations

Comagine Health will be responsible for emailing participants the presentations' evaluations and certificates.

NMCBT, NBCC, APA Continuing Education Disclaimers

New Mexico Counseling and Therapy Board

New Mexico Counseling and Therapy Board

This activity has been approved to provide Continuing Education Units (CEU) by NM Counseling & Therapy Board through Dr. Avron Kriechman at the UNM Department of Psychiatry & Behavioral Sciences, Division of Community Behavioral Health.

National Board for Certified Counselors



UNM CBH is approved by the NBCC as an Approved Continuing Education Provider, ACEP No.6740. Programs that do not qualify for NBCC credit are clearly identified. UNM CBH is solely responsible for all aspects of the programs.

American Psychological Association



The University of New Mexico Department of Psychiatry Behavioral Sciences, Division of Community Behavioral Health is approved by the American Psychological Association to sponsor continuing educations for psychologists. The University of New Mexico Department of Psychiatry Behavioral Sciences, Division of Community Behavioral Health maintains responsibility for this program and its content.

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[NARMH Registration Link](#)



[CE Registration Link](#)

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Monday, August 26, 2019 (Preconference)

Preconference

<p>Preconference 1 Strategic Doing: The Game <i>Lauren Goldstein, PhD</i> <i>Betty Johnson, BA</i> <i>Geniphr Ponce, MS, MEd</i> <i>Liz Nilsen, BA</i></p>  <p>Disclosure Statement: Liz Nilsen, BA has a financial arrangement related to the content of this activity.</p>	<p>8:30pm - 12:00pm Preconference</p> <p>3.5 APA CEs 3.5 NBCC Hours 3.5 Attendance Hours 3.5 CMEs</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Practice Strategic Doing through an interactive simulation game. 2. Practice the agile process to address rural mental health. 3. Practice forming collaborations. 4. Practice moving collaborations towards desired outcomes. 5. Practice the concept of equity of voice. 6. Practice the concept of connecting community assets. 7. Practice using a 2x2 matrix for decision-making. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>Preconference 2 Join the Movement! An Intensive Hands-On Skills Training Workshop in Providing Mental Health Evaluations for Immigrants Fleeing Torture and Persecution <i>Shawn Sidhu, MD</i> <i>Erik Bayona, MD</i> <i>Rahul Vasireddy, MD</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>1:00pm - 4:00pm Preconference</p> <p>3 APA CEs 3 NBCC Hours 3 NMCTB CEUs 3 Attendance Hours 3 CMEs</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Review DSM-5 core criteria for a diagnosis of PTSD. 2. Report statistics on the current refugee crisis worldwide. 3. Relate mental health statistics in refugee populations. 4. Apply this knowledge to the interview and care of immigrants fleeing torture and persecution. 5. Integrate a foundational knowledge and training base in mental health with the assessment and plan of an asylum evaluation. 6. Translate the perspective of attorneys to the asylum mental health interview and write-up. 7. Restate core criteria qualifying individuals for humanitarian relief. 8. Summarize the core components of a mental health evaluation or immigrants fleeing torture and persecution. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>

<p>Preconference 3 Peer Specialists' Unique Role in Rural Community Health Sarah Brown, BA Pari Noskin, MSW, LMSW</p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>1:30pm - 4:30pm Preconference</p> <p>2.75 APA CEs 2.75 NBCC Hours 2.75 Attendance Hours 2.75 CMEs</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Practice strategies to combat social isolation. 2. Examine strategies to build positive relationships among peers. 3. Appraise the role peer specialists play in developing self-help groups. 4. Illustrate core values of recovery-oriented peer specialists. 5. Formulate key elements necessary to create a recovery environment. 6. Determine engagement tools unique and/or available to peers. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>Preconference 4 Supervision Workshop Bill Baerentzen, PhD, CRC, LMHP Claudia Zundel, MSW Christine Chasek, PhD, LIMHP, LADC</p>  <p>Disclosure Statement: The presenters have no financial relationship to this program</p>	<p>1:30pm - 4:30pm Preconference</p> <p>2.75 APA CEs 2.75 NBCC Hours 2.75 Attendance Hours 2.75 CMEs</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Examine the unique needs of supervising in rural areas and with counselors who have lived experience. 2. Summarize models of clinical supervision and best practices of supervision. 3. Apply the introduced supervision model to the case study presented. 4. Propose how best to provide supervisees a safe space to support their examination and reflection on their clinical practice. 5. Formulate a plan to best help supervisees define and pursue their goals for professional development. 6. Specify strategies to help supervisees provide counseling services, which are safe, secure and ethical. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>

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[NARMH Registration Link](#)

[CE Registration Link](#)



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Tuesday, August 27, 2019 (Day 1)

Plenary




<p>Plenary 1 The Path to Thriving: Strategic Doing and Rural Mental Health Liz Nilsen, BA Lauren Goldstein, PhD Betty Johnson, BA Geniphyr Ponce Pore, MS, MEd</p>  <p>Disclosure Statement: Liz Nilsen, BA has a financial arrangement related to the content of this activity.</p>	<p>9:30am - 10:30am Plenary</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p>Outcomes/Objectives</p> <ol style="list-style-type: none"> 1. Review how the strategic doing process was utilized. 2. Examine how behavioral health agencies can benefit employing the Strategic Doing approach. 3. Illustrate how to engage collaborative groups to move communities from surviving to thriving. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
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Concurrent Session 1

<p>1A A Kingdom Far Away: Raising a daughter with mental illness in a systematically unsafe world Kari Gusso, RN V. Ann Waldorf, PhD</p>  <p>Disclosure Statement: Kari Gusso, RN has a financial arrangement related to the content of this activity.</p>	<p>10:40am - 11:40am Workshop</p> <p>1 APA CE 1 NBCC Hour 1 NMCTB CEU 1 Attendance Hour 1 CME</p>	<p>Outcomes/Objectives</p> <ol style="list-style-type: none"> 1. Examine how a child's mental illness affects both the youth and their family. 2. Critique the criminalization of those suffering with mental illness by health care professionals, educators, and law enforcement. 3. Appraise the biological components of mental illness. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>1B Destress, Decompress, and Have Fun: Essential Self-Care Cheri Loggains, MSW, LCSW</p>  <p>Disclosure Statement: The presenter has no financial relationship to this program.</p>	<p>10:40am - 11:40am Workshop</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p>Outcomes/Objectives</p> <ol style="list-style-type: none"> 1. Review and apply skills for reducing stress. 2. Review and apply benefits of practicing gratitude. 3. Review and apply benefits of practicing self-compassion. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>


<p>1C Exploring Mental Health Counseling, Religion, and Spirituality in Rural Iowa <i>Diane Walsh, PhD, MA, LGPG, NCC</i></p>  <p>Disclosure Statement: The presenter has no financial relationship to this program.</p>	<p>10:40am - 11:40am Workshop</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Review the role of religion and spirituality in counseling in rural Iowa. 2. Appraise counselors' lived experiences of addressing religion and spirituality within the context of practicing in rural Iowa. 3. Examine the impact of counselors' personal experience with religion and spirituality and its role in addressing religion and spirituality within the clinical context. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>1D Solutions to Bridge the Behavioral Health Divide in PCP Settings <i>Lisa Clements, PhD Christine Andersen, MA, LPC</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>10:40am - 11:40am Panel/Round Table</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Illustrate the support and education PCPs can leverage to impact change for the mental health of their patients and community as a whole. 2. Examine the benefit of Psychiatric Access Programs help expand the limited treatment providers in rural areas. 3. Compare tools and resources to help PCPs screen for mental health issues like depression and suicide. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>1E Knocking on the Door: Youth Perspectives on Psychiatric Service Access <i>David Miller, PhD Student Scott Ronis, PhD</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>10:40am - 11:40am Paper</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Compare the nature of the multiple realities of which marginalized individuals must be aware. 2. Identify the individual barriers and facilitators to psychiatric service use and access experienced by youth. 3. Appraise the implications of individual youth perspectives on potential modifications to service availability, access, and delivery in under-served areas. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>1G The Western States Decision Support Group SAMHSA Issues and Updates for Mental Health Block Grant State Data Reporting and Uses <i>Steven Dettwyler, PhD</i></p>  <p>Disclosure Statement: The presenter has no financial relationship to this program.</p>	<p>10:40am - 11:40am Workshop</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Review best practices for data collection and reporting. 2. Define and assess the Block Grant. 3. Review the evaluations for the Mental Health Block Grant State Data Reporting programs. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>







Concurrent Session 2

<p style="text-align: center;">2A</p> <p>Redesigning Practice in New Mexico: Practice and Policy Changes from Implementation of the Treat First Model</p> <p><i>Kate Gibbons, LCSW, LISW</i> <i>Lacy Keith, LPCC</i> <i>Renee Edwards, LPCC</i> <i>Stacey Palmer, LPCC</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p style="text-align: center;">1:50pm - 2:50pm Panel/Round Table</p> <p style="text-align: center;">1 APA CE 1 NBCC Hour 1 NMCTB CEU 1 Attendance Hour 1 CME</p>	<p style="text-align: center;"><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Engage collaborative learning processes to improve service delivery, effectiveness, and access. 2. Design and implement a practice model focused on providing high quality services. 3. Use data and feedback to make policy and funding changes to better meet the needs of providers and persons receiving services. <p style="text-align: center;">Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p style="text-align: center;">2B</p> <p>Implementing Strategic Doing... A Dynamic Strategy!</p> <p><i>Lauren Goldstein, PhD</i> <i>Betty Johnson, BA</i> <i>Geniphyr Ponce Pore, MS, Med</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p style="text-align: center;">1:50pm - 2:50pm Workshop</p> <p style="text-align: center;">1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p style="text-align: center;"><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Examine positive framing questions. 2. Apply the experiences presented implementing strategic doing. 3. Illustrate how to effectively manage complex conversations. <p style="text-align: center;">Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p style="text-align: center;">2C</p> <p>Honoring Transitions: A Mindful Approach</p> <p><i>Brenda Frink LPCC, LADAC;</i> <i>Jackie West LMHC, LADAC, CTRS</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p style="text-align: center;">1:50pm - 2:50pm Workshop</p> <p style="text-align: center;">1 APA CE 1 NBCC Hour 1 NMCTB CEU 1 Attendance Hour 1 CME</p>	<p style="text-align: center;"><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Practice Mindfulness in developing program transitions. 2. Demonstrate how to create and implement a transition ceremony by using a community-based approach. 3. Practice a transition ceremony. <p style="text-align: center;">Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>

<p>2D Ethics: The Five Pillars of Rural Community Mental Health Services <i>Gregory McCutcheon, MA</i></p>  <p>Disclosure Statement: The presenter has no financial relationship to this program.</p>	<p>1:50pm - 2:50pm Workshop</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Examine five ethical pillars that enhance rural community mental health service delivery. 2. Illustrate how the five pillars lead to rural community mental health service quality and consistency. 3. Design and implementation strategy to introduce pillar based rural community mental health services. <p>Registration is required for CEs. To register, please visit: https://ctsctrails.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>2E Online Learning: An Innovative Approach to Training Certified Peer Specialists <i>Rita Cronise, MS, ALWF</i></p>  <p>Disclosure Statement: The presenter has no financial relationship to this program.</p>	<p>1:50pm - 2:50pm Paper</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Appraise benefits to rural areas for online certification training and testing. 2. Examine how the design and development process with subject matter experts ensured fidelity to peer support values and practices. 3. Analyze success and satisfaction rates among those who completed courses and consider whether online learning could work for the certification of peer specialists beyond New York State. <p>Registration is required for CEs. To register, please visit: https://ctsctrails.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>2F Preparing Social Work and Counseling Students for Rural Communities <i>Sheri Boyle, PhD, MSW</i> <i>Elizabeth Gruber, PhD, LPPC, NCC</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>1:50pm - 2:50pm Workshop</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Define and discuss the specific strategies to workforce development in rural communities. 2. Identify and describe the variety of benefits to interdisciplinary collaboration within rural and medically underserved communities. 3. Review and appraise the various strategies to increase interdisciplinary collaborative skills in graduate students. <p>Registration is required for CEs. To register, please visit: https://ctsctrails.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>

Concurrent Session 3

<p style="text-align: center;">3A Creative Journal Writing and the Path to Thriving! Sarah Brown, BA Pari Noskin, MSW, LMSW</p>   <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p style="text-align: center;">3:00pm - 4:00pm Workshop</p> <p style="text-align: center;">1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p style="text-align: center;"><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Review creative journal tools. 2. Summarize how peer support groups bring vitality to rural communities. 3. Appraise tools for individual and personal growth. <p style="text-align: center;">Registration is required for CEs. To register, please visit: https://ctsctrails.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p style="text-align: center;">3B Addressing Behavioral Health Workforce Shortages Through Tele-Supervision Jennifer "Jen" Panhorst, LCSW Lisa Morad-McCoy, LCSW Molly Faulkner, PhD, APRN, LCSW</p>    <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p style="text-align: center;">3:00pm - 4:00pm Workshop</p> <p style="text-align: center;">1 APA CE 1 NBCC Hour 1 NMCTB CEU 1 Attendance Hour 1 CME</p>	<p style="text-align: center;"><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Illustrate how tele-supervision can address workforce shortages. 2. Identify at least 2 benefits of engaging with policymakers regarding tele-supervision. 3. Illustrate how collecting data on supervision help support programming for this. <p style="text-align: center;">Registration is required for CEs. To register, please visit: https://ctsctrails.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p style="text-align: center;">3D Gun Ownership and Mental Health: Reducing Suicide in Rural Communities Debbie Plotnick, MSS, MLSP Mike Sodini, BA</p>   <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p style="text-align: center;">3:00pm - 4:00pm Workshop</p> <p style="text-align: center;">1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p style="text-align: center;"><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Propose strategies to facilitate conversations about mental health conditions and firearm ownership easier in order to reduce gun deaths and increase safety. 2. Report how the recognition that 60% (or more depending on the location) of gun deaths are completed suicides relates to reducing access to lethal means. 3. Summarize concrete steps gun shops, individuals, and families can take when a gun owner is experiencing depression, PTSD or suicidal thoughts to best prevent suicide. <p style="text-align: center;">Registration is required for CEs. To register, please visit: https://ctsctrails.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p style="text-align: center;">Contributed Papers:</p> <p style="text-align: center;">3E-1 "Rural-specific" Types of Childhood Trauma in Latino/a Children in Rural Communities: Uniqueness and Complexity Roberto Velasquez, PhD</p>	<p style="text-align: center;">3:00pm - 4:00pm Paper</p>	<p style="text-align: center;"><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Reviews the different types of trauma that Latino/a children may experience as a result of residing in rural versus urban settings.

 <p>Disclosure Statement: The presenters have no financial relationship to this program</p> <p>3E-2</p> <p>How Are Agricultural Industries Impacted by Opioids, and What Roles do Pain, Depression and Stress Play? <i>Heidi Radunovich, PhD</i></p>  <p>Disclosure Statement: The Heidi Radunovich, PhD, has a financial arrangement related to the content of this activity as identified</p>	<p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 2. Identify specific types of trauma that Latino/a children are likely to experience in rural settings including farm accidents, frequent relocation and dislocation due to migrant status, exposure to stressful and dangerous events in labor camps, and acquisition of medical conditions and illnesses due to pesticide poisoning. 3. Examine the diagnosis and treatment of trauma in Latino/a children including the uniqueness, complexity, and challenges due to isolation and limited resources. <p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Review a study conducted on agricultural industries related to opioids. 2. Examine the incidence of opioids in agricultural industries and their impact on the workplace. 3. Evaluate the role that pain, depression and stress play in opioid usage among those in the agricultural industries. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>3F</p> <p>Mental Health Issues of Coal Miners Seeking Black Lung Benefits <i>James Werth PhD, ABPP</i> <i>Theresa Burriss PhD</i> <i>Margaret Tomann MSPH</i> <i>Charles Pollard, BS</i></p>    <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>3:00pm - 4:00pm Panel/Round Table</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Compare and contrast the experiences of coal miners in New Mexico and Central Appalachia. 2. Review the physical impact Black Lung has on coal miners. 3. Summarize the mental health issues reported by coal miners seeking Black Lung benefits. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>3G</p> <p>Telemedicine Setup for Mental Health Clients in Rural Communities <i>Farooq Ahmad, PhD</i></p>  <p>Disclosure Statement: The presenter has no financial relationship to this program.</p>	<p>3:00pm-4:00pm Workshop</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Report various aspects of the software myAvatar. 2. Compare the pros and cons of my Avatar software. 3. Identify how data is used and exchanged. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>

2019 Annual National Association Rural Mental Health Conference

La Fonda on the Plaza
100 E. San Francisco St.
Santa Fe, New Mexico 87501

[NARMH Registration Link](#)

[CE Registration Link](#)

Attention: Attention: Don't forget to scan your barcode!

Wednesday, August 28, 2019 (Day 2)

Plenary

Plenary 2

From Striving to Thriving in American Indian Communities: Transcending Historical Trauma

Deborah Altschul, PhD
Maria Yellow Horse Brave Heart; PhD
Esther Tenorio
Jimel Sandoval
Ryan Sanchez



Disclosure Statement: The presenters have no financial relationship to this program.

9:10am - 10:10am
Plenary

1 APA CE
1 NBCC Hour
1 NMCTB CEU
1 Attendance Hour
1 CME

Outcomes/Objectives

1. Appraise community based intervention and research initiatives to transcend historical trauma.
2. Share lessons learned on building mental health programming (e.g., CBT-SP, Zero Suicide, and TARGET).
3. Summarize how certified peer support workers are trained and supervised

Registration is required for CEs.
To register, please visit:

<https://ctsctrails.health.unm.edu/redcap/surveys/?s=3WMPN38M7K>

Concurrent Session 4

4A

Public/Private Collaboration: Emergency Department Behavioral Health Tele-video Program



Peter VanDusartz, MA, LCSW, SAC, ICS
Corby Stark, MA, LPC, NCC



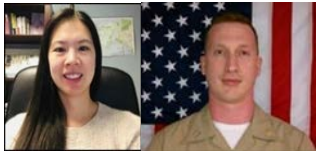


10:20am - 11:20am
Workshop

Outcomes/Objectives

1. Review the necessity, value and strategies to achieve public/private collaborations to address mental health needs in rural communities as exemplified by the tele-video service in 7 hospital emergency departments and regional crisis response system in 3 counties described in this session.
2. Analyze this model of innovative service delivery via use of tele-video mental health assessment and referral in seven hospital EDs including diagnosis, suicide screening, treatment recommendations, signed safety plans, potential inpatient placement, and coordination of follow up care.

<p style="text-align: center;">4A Public/Private Collaboration: Emergency Department Behavioral Health Tele-video Program</p> <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p style="text-align: center;">1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p style="text-align: center;"><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> Review the operational and program development pieces including: formal contracts, licensing certification, clinical team recruitment, credentialing and training, ED site staff training, EHR builds, billing model coordination, workflow designs, grant and other fundraising efforts, public and private board approvals, and community awareness campaigns formal contracts, licensing certification, clinical team recruitment, credentialing and training, ED site staff training, EHR builds, billing model coordination, workflow designs, grant and other fundraising efforts, public and private board approvals, and community awareness campaigns. <p style="text-align: center;">Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p style="text-align: center;">4B "From Battleground to Breaking Ground". Combining Education and Wrap-Around Holistic Supportive Services for Beginning Farmers and Ranchers <i>Jennifer Christman BSW, MA Rick Peterson, PhD, LMFT, CFLE</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p style="text-align: center;">10:20am - 11:20am Panel/Round Table</p> <p style="text-align: center;">1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p style="text-align: center;"><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> Define the behavioral and mental health and wellness needs of rural and at-risk populations participating in educational programs. Design holistic programs that meet the extra-curricular needs of those populations. Evaluate the outcomes and educational success of program participants. <p style="text-align: center;">Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p style="text-align: center;">4C Reaching and Engaging Rural Families: Supporting Permanency and Well Being in Foster Care and Adoption <i>Dawn Wilson, MSW Edna Davis-Brown, MPH</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p style="text-align: center;">10:20am - 11:20am Workshop</p> <p style="text-align: center;">1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p style="text-align: center;"><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> Appraise the need for adoption competent mental health services for children and families experiencing adoption and guardianship based on review of latest research. Summarize the competencies for adoption competent mental health practice addressed by NTI and definition of adoption competent mental health professional. Review the NTI training model and curriculum outline of the two NTI web-based trainings – for child welfare professionals and mental health practitioners, and preliminary results of implementation in pilot sites. <p style="text-align: center;">Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>

<p>4D Documentary: The Shake-Up: cause and consequences of the 2013 behavioral health Medicaid freeze in New Mexico, an event that has devastated the behavioral healthcare system in the state <i>Ben Altenberg, MA</i> <i>Caroline Bonham, MD</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>10:20am - 11:20am Panel/Round Table</p> <p>1 APA CE 1 NBCC Hour 1 NMCTB CEU 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Examine the cause and consequences of the 2013 behavioral health Medicaid freeze in New Mexico. 2. Propose strategies current and potential advocates of mental health can implement to organize their local communities to improve behavioral health in New Mexico. 3. Propose state policies that best safeguard the rights of consumers and mental health providers. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>4E-1 Building the Rural Addiction Counseling Workforce <i>Christina Chasek, PhD, LIMHP, LADC</i> <i>Brent Kahn, PhD</i></p>  <p>4E-2 Workforce, Recruitment and Retention of Behavioral Health Providers in the Bering Strait Region of Alaska <i>Lindsey Hickey, PhD</i> <i>Seth Green, PhD</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>10:20am - 11:20am Paper</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Identify the rural workforce needs and challenges for providing services for substance use disorders. 2. Discuss barriers to building the addiction-counseling workforce and ways to overcome the barriers. 3. Propose strategies to increase the addiction-counseling workforce based on Nebraska's model of training and retaining addiction counseling providers. <p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Review the critical workforce shortage in Alaska at large and that this shortage is more acute in the Bering Strait region. 2. Analyze statistical data on the past seven years of interns and fellows that shows progression and patterns to address the workforce shortage. 3. Examine the process of innovation, implementation, and successes and challenges of this initiative for other rural programs to implement in their rural locations. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>

Plenary 3

Plenary 3 Panel Introducing the MHTTC - A New Workforce Development Resource

Joe Evans, PhD
Dennis Mohatt, MA
Rachel Espiritu, PhD
Liza Tupa, PhD



Disclosure Statement: The presenters have no financial relationship to this program.

12:30pm - 1:30pm
Panel/Round Table

1 APA CE
1 NBCC Hour
1 NMCTB CEU
1 Attendance Hour
1 CME

Outcomes/Objectives

1. Illustrate key aspects of well-designed mental health prevention, treatment and recovery.
2. Review and restate key components of the new national MHTTC (Mental Health Technology Transfer Center) network.
3. Practice training related to the Mental Health Technology Transfer Center.
4. Practice technical assistance related to the Mental Health Technology Transfer Center.

Registration is required for CEs.

To register, please visit:

<https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K>

Concurrent Session 5

5A

Building Bridges through Innovative Collaboration: Increasing Capacity to Address Needs

Annette Crisanti, PhD
Pari Noskin, MSW
Raven Cuellar, PhD
Brian Isakson, PhD



Disclosure Statement: The presenters have no financial relationship to this program.

1:40pm - 2:40pm
Panel/Round Table

1 APA CE
1 NBCC Hour
1 NMCTB CEU
1 Attendance Hour
1 CME

Outcomes/Objectives

5. Define several key elements to effective collaboration among the University of New Mexico and community-based organizations.
6. Identify three examples of unique partnerships between the University of New Mexico and community-based organizations that address justice-involved persons with mental illness, brain health and childhood trauma.
7. Illustrate the impact of innovative collaborations between the University of New Mexico and community-based organizations.

Registration is required for CEs.

To register, please visit:

<https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K>

5B

Family Matters: Using the family system to heal attachment wounds

Elizabeth Marston, LCSW
Samuel Marion, LCSW



Disclosure Statement: The presenters have no financial relationship to this program.

1:40pm - 2:40pm
Workshop

1 APA CE
1 NBCC Hour
1 Attendance Hour
1 CME



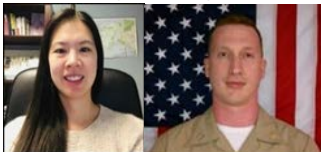
Outcomes/Objectives

1. Identify at least 3 barriers to involving families in treatment.
2. Demonstrate the importance of working within a family system.
3. Identify and practice interventions that build secure attachment through work within a family.







Registration is required for CEs.

To register, please visit:





<https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K>

<p>5C Starting Where You Are: Collecting and Using Data <i>Lee Ratzlaff, MA</i> <i>Debra Heath, MPH</i> <i>Jessica Reno, MPH</i> <i>Jennifer “Jen” Panhorst, LCSW</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>1:40pm - 2:40pm Workshop</p> <p>1 APA CE 1 NBCC Hour 1 NMCTB CEU 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Demonstrate the importance of identifying questions to answer prior to collecting data. 2. Apply at least 2 tools that can be used for data management. 3. Illustrate at least 3 methods of presenting data to community and other stakeholders. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>5E-1 “How Long You in For?” Factors Predicting Psychiatric Length-of-Stay <i>David Miller, PhD Student</i> <i>Scott Ronis, PhD</i> <i>Amanda Slaunwhite, PhD</i></p>  <p>5E-2 Creating Program Evaluations in Rural Alaska: Ensuring Postdoctoral Fellows Receive High Quality Training for Professional Development <i>Seth Green, PhD</i> <i>Lindsey Hickey, PhD</i></p>  <p>Disclosure Statement: The presenter has no financial relationship to this program.</p>	<p>1:40pm - 2:40pm Paper</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Analyze the current motivations and resulting impact surrounding mandated reductions in length-of-stay. 2. Identify the relevant individual and clinical factors influencing psychiatric length-of-stay. 3. Appraise the influence of limited service access and availability on psychiatric length-of-stay. <p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Review the administrative challenges and constraints of real world applications in program evaluation given limited resources of a rural setting. 2. Identify program evaluation as a higher-level competency for early career psychologists working in a rural setting. 3. Relate five different program evaluations that have been completed by postdoctoral psychology fellows in rural Alaska. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>

<p>5F Honoring Native Life: Creating Conversations Around Suicide Prevention & Response <i>Caroline Bonham, MD</i></p>  <p>Disclosure Statement: The presenter has no financial relationship to this program.</p>	<p>1:40pm - 2:40pm Panel/Round Table</p> <p>1 APA CE 1 NBCC Hour 1 NMCTB CEU 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. List strategies for large institutions to effectively respond to community priorities. 2. Identify methods to apply the Community Readiness Model to suicide prevention activities. 3. Identify methods to apply the Gathering of Native Americans (GONA) model when working with Youth. <p>Registration is required for CEs. To register, please visit: https://ctsctrails.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>5G Advocating for School Based Mental Health <i>Liza Tupa, PhD</i> <i>Stephanie Winfield, MSW</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>1:40pm - 2:40pm Workshop</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Illustrate how to obtain access to school-based mental health services. 2. Review and analyze best practices in school mental health. 3. Review funding strategies for school-based mental health services. <p>Registration is required for CEs. To register, please visit: https://ctsctrails.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>Concurrent Session 6</p>		
<p>6A Implementing SBIRT in Rural Clinics: A How to Guide <i>Tina Chasek, PhD, LIMHP, LADC</i> <i>Shinobu Watanabe-Galloway, PhD</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>2:50pm - 3:50pm Workshop</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Review and illustrate the components of a SBIRT practice to implement in rural clinics. 2. Identify the barriers and opportunities in implementing SBIRT in rural clinics. 3. Restate and explain a step-wise process in implementing an SBIRT program <p>Registration is required for CEs. To register, please visit: https://ctsctrails.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>6B Building a Statewide Tele-Behavioral Health Network <i>Caroline Bonham, MD</i> <i>Margaret Greenwood-Ericksen, MD, MS</i> <i>Jessica Reno, MPH</i> <i>Chelsea White, MD</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program</p>	<p>2:50pm - 3:50pm Workshop</p> <p>1 APA CE 1 NBCC Hour 1 NMCTB CEU 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Inspect the results from statewide healthcare utilization data to anticipate the predicted demand for tele-behavioral health emergency services. 2. Review potential barriers to developing a statewide telehealth infrastructure. 3. Examine potential strategies to overcome barriers in addressing behavioral health crises in rural communities. <p>Registration is required for CEs. To register, please visit: https://ctsctrails.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>

<p>6C Iwankapiya-Healing: Clinical Research Addressing Historical Trauma Healing Among American Indians <i>Maria Yellow Horse Brave Heart, PhD, LCSW</i> <i>Josephine Chase, PhD, LCSW</i></p>   <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>2:50pm - 3:50pm Panel/Round Table</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Identify four components of the Historical Trauma and Unresolved Grief Intervention and four historical trauma response features. 2. Review and briefly illustrate the value of culturally informed self-knowledge and one's own trauma history and how it enters into the treatment relationship. 3. Identify three interventions strategies to integrate cultural practices into treatment to promote traditional cultural resilience. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>6D Master of None, But Therapists to All <i>Samuel Marion, LCSW</i> <i>Elizabeth Marston, LCSW</i></p>   <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>2:50pm - 3:50pm Panel/Round Table</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Illustrate new strategies for effectively caring for a diverse caseload. 2. Practice using varied interventions with a wider range of individuals. 3. Specify challenges to working with clients who vary greatly across socio-economic and cultural backgrounds. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>6F Building Communities of Hope: Lessons from New Mexico Rural Networks <i>Anne Hays Egan, MA, MDiv, PhD ABD, DMin</i> <i>Lauren M. Reichelt, MA</i></p>   <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>2:50pm - 3:50pm Panel/Round Table</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Compare and contrast models and evidence-based practices from NM rural behavioral health community-based systems of care (Rio Arriba, Middle Rio Grande, Gallup & Hidalgo Medical Services). 2. Evaluate how common core elements (& unique elements) relate to national successful models and evidence-based practices for rural behavioral health. 3. Identify elements common to the four initiatives, as well as uniquenesses & differences. 4. Examine the importance of alignment between structural issues, policy, funding, the mix of services, local stakeholders, & tapping into community assets. 5. Demonstrate the value of stakeholder engagement in building upon community assets for a sustainable community-rooted system. 6. Identify through group discussion the most important challenges as well as successes for effective rural behavioral health system development. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>

<p>6G Assessing Workforce Diversity for Health Equity in Mental Health Organizations <i>Rachelle Espiritu, PhD</i> <i>Krista Silva, MA, CPH</i></p>   <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>2:50pm - 3:50pm Workshop</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Evaluate implementation of workforce diversity strategies. 2. Critique leadership and governance in Mental Health Organizations as they relate to workforce diversity. 3. Propose strategies for workforce retention and professional development. <p>Registration is required for CEs. To register, please visit: https://ctsctrails.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>Concurrent Session 7</p>		
<p>7A Building a Framework for Crisis Response in Rural Communities <i>Leah Becknell, MA</i> <i>Jeffrey Hite, PhD</i></p>   <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>4:00pm - 5:00pm Panel/Round Table</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Review a crisis system-of-care framework for action to build out community mobile crisis response capacity and capability. 2. Appraise the importance of community engagement, cross-sector partnerships and practical considerations in starting a new program, including staffing patterns, interagency collaboration, marketing, data collection, and family partners/peers. 3. Apply how a national behavioral health organization like Beacon collaborates with local county and provider partners to build crisis response capacity within the rural community to your own community. <p>Registration is required for CEs. To register, please visit: https://ctsctrails.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>7B Rural Solutions - Development of the Utah Rural Opioid Health Care Consortium <i>Jeanie Willson MBA</i> <i>Karen Dolan, LCSW</i> <i>Ashley Yaughner, PhD</i> <i>Jac'lyn Bera</i></p>     <p>Disclosure Statement: Ashley Yaughner & Jac'lyn Bera have a financial relationship to this program.</p>	<p>4:00pm - 5:00pm Workshop</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Review how to build a healthcare consortium in a rural area. 2. Illustrate how to fight the opioid epidemic with limited resources. 3. Demonstrate how to support a community of health through local engagement. <p>Registration is required for CEs. To register, please visit: https://ctsctrails.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>

<p>7C How to Stimulate Investment in Rural and Frontier Well-being <i>Susan Wilger, MPAff</i> <i>Joseph Hill, BS</i> <i>Raven Cuellar, PhD</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>4:00pm – 5:00pm Panel/Round Table</p> <p>1 APA CE 1 NBCC Hour 1 NMCTB CEU 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Contrast rural versus frontier and the implications on funding, programs, policy and research. 2. Summarize assets and health disparities most common to frontier and rural America. 3. Assess three innovative approaches that remote and frontier communities are using to address challenges at the local, state and federal levels. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>7D Engaging a Crisis Line <i>Wendy Linebrink-Allison, MSW, MBA, CPSW</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>4:00pm - 5:00pm Panel/Round Table</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Report barriers that exist in rural and frontier communities, which prevent people from accessing support for mental health and substance use concerns. 2. Examine how a crisis line can build bridges that decrease the gaps in accessibility, availability, and acceptability people in rural and frontier communities often experience. 3. Illustrate how the New Mexico Crisis and Access Line engages and supports rural and frontier communities. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>7E Adapting a Peer-Based Youth Substance Use Intervention for Rural Contexts <i>Laura Pannella Winn, MA</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>4:00pm – 5:00pm Workshop</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Summarize the Project Amp intervention and its structure, goals, and relevance to youth early intervention approaches. 2. Analyze at least three challenges experienced by rural settings in the feasibility study. 3. Recommend opportunities for adaptations of Project Amp to enhance rural implementation for future sustainability <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>7G Region 9 State & Organizational Policy Assessment for Workforce Diversity and Inclusion <i>Rachelle Espiritu, PhD</i> <i>Krista Silva, MA, CPH</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>4:00pm - 5:00pm Workshop</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Summarize state-level legislation and federal mandates regarding workforce diversity and inclusion. 2. Propose an assessment to advance and sustain organizational governance. 3. Appraise strategies to improve implementation of workforce diversity and inclusion standards <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>

2019 Annual National Association Rural Mental Health Conference

La Fonda on the Plaza
100 E. San Francisco St.
Santa Fe, New Mexico 87501

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Disclaimer: Many, but not all, of the conference presentations are approved for continuing education credits (CEs). It is solely the participant's responsibility to determine whether the presentation is 1) approved for CEs; and 2) if the CEs offered are accepted by their licensure accrediting board(s).

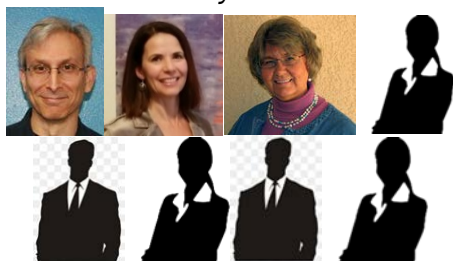
Thursday, August 29, 2019 (Day 3)

Plenary

Plenary 4

The Very Large Array of Youth and Adult Support

Avi Kriechman, MD
Annette Crisanti, PhD
Carol Luna-Anderson, PhD
Kathy Sunderland-Bruaw
Mohammed Abdullah
Shelby McDaniel
Dahlia Christen
Donald Humes
Harmony Johnson



Disclosure Statement: The presenters have no financial relationship to this program.

8:00am - 9:30am
Plenary

1.5 APA CE
1.5 NBCC Hour
1.5 NMCTB CEU
1.5 Attendance Hour
1.5 CME

Outcomes/Objectives

1. Analyze how peer advocates and providers work to maintain personal wellness while also providing support.
2. Summarize the advantages and challenges for advocates and peers with "lived experience" and how they may experience culture and systems of care differently.
3. Examine unique and key aspects of recruitment for peer advocates and providers.
4. Appraise unique and key aspects of training, supervision, and support for peer advocates and providers.

Registration is required for CEs.

To register, please visit:

<https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K>

Concurrent Session 8

8A

Mood...Affect...Thinking: The Impact of Multiple Sclerosis (MS) on Mental Health

Vicki Kowal, MA, LPCC
Carrie Bravinder, MA, LPCC



Disclosure Statement: The presenters have no financial relationship to this program.

9:50am - 10:50am
Workshop

1 APA CE
1 NBCC Hour
1 NMCTB CEU
1 Attendance Hour
1 CME

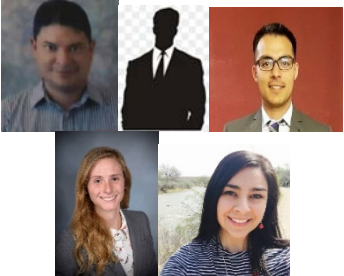


Outcomes/Objectives



1. Examine the emotional and cognitive impact of multiple sclerosis (MS) among rural populations.
2. Review and illustrate mood disorders and cognitive changes in people living with MS.
3. Practice treatment recommendations for helping clients with MS who have mood disorders and cognitive impairments.

Registration is required for CEs.



To register, please visit:

<https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K>

<p>8B Rural Psychiatry Residency Program - A Collaboration Between New Mexico Human Services Department and University of New Mexico <i>Jose Canaca, MD</i> <i>NM Human Services Department Rep.</i> <i>Rahul Vasireddy, MD</i> <i>Erin Rush, MD</i> <i>Cynthia Killough, MA</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>9:50am - 10:50am Workshop</p> <p>1 APA CE 1 NBCC Hour 1 NMCTB CEU 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Summarize the collaboration between New Mexico Behavioral Health Services and the University of New Mexico to decrease the workforce shortage in New Mexico. 2. Examine current access (or lack of) to mental health providers in rural New Mexico. 3. Propose future strategies from NMBHS and UNM to address low number of mental health providers serving rural communities in New Mexico. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>8C Reactive Attachment Disorder, How Trauma Rewires the Brain <i>Amy Swigart, MS, DAPA</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>9:50am - 10:50am Workshop</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Report the signs and symptoms of attachment issues. 2. Examine the components of trauma issues and how/why, this will affect the individual. 3. Integrate the components of attachment issues with interventions to address them. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>8D New Kids on the Block: Recruiting Rural Mental Health Professionals <i>Ronald Palomares, PhD</i> <i>Brittany Boone, BS</i> <i>Akemi Inugay, BS</i> <i>Matthew Sutton, BA</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>9:50am - 10:50am Workshop</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Restate and explain three positive opportunities that entice a new generation of professionals in serving in rural mental health settings. 2. Restate and explain three challenges a new generation of professionals find when serving in rural mental health settings. 3. List two techniques they can incorporate in a rural health setting to draw interest in a new generation of professionals to serve. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>

<p>8E Changing Attitudes and Beliefs Surrounding Mental Health Issues in a Rural Student Population: Strategies & Lessons Learned <i>Catherine Jones-Hazledine, PhD</i> <i>Andrew Rodriguez, EdS</i> <i>Lauren Coffey, PhD</i> <i>Shanna Rosentrater, MA</i> <i>Michael Steube, BA</i></p>  <p>Disclosure Statement: Catherine Jones-Hazledine, PhD, has a financial arrangement related to the content.</p>	<p>9:50am - 10:50am Workshop</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Review rural attitudes related to mental health issues, and examine how these relate to treatment seeking. 2. Review and analyze key components of the project described in this session designed to educate rural students on mental health issues, correct misinformation, and reduce stigma. 3. Examine data presented in this session on treatment outcomes, strategies that worked and propose how this might affect local efforts in addressing rural student mental health. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>8F Recovery Friendly Language <i>Wendy Linebrink-Allison</i> <i>MSW, BA, CPSW</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>9:50am - 10:50am Workshop</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Demonstrate language that embodies, models, and promotes recovery and encourages people to identify and utilize people first, strengths based, and recovery friendly language. 2. Practice language in a manner that supports a way to overcome stigma, negative messages, and negative self-talk in people, and about people. 3. Propose how to foster hope and preserve dignity within people. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>Concurrent Session 9</p>		
<p>9A Training and Capacity Building in Rural Frontier Behavioral Health Workforce Development <i>Raven Cuellar, PhD; Rebecca Ezechukwu, PhD; Avi Kriechman, MD</i></p> 	<p>11:00am - 12:00pm Panel/Round Table</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Appraise unique training needs of rurally based behavioral health workforce and the communities in which they reside. 2. Review the broad base of behavioral health workforce development training opportunities made available to rural communities. 3. Apply suggestions for success in developing and implementing training in rural communities.

<p>9A Training and Capacity Building in Rural Frontier Behavioral Health Workforce Development <i>Pari Noskin, LMSW; Bess Friedman, MSc.; Julie Griffin Salvador, PhD; Flor Cano-Soto, LMSW; Martha “Molly” Faulkner, PhD, APRN, LCSW & Jennifer “Jen” Panhorst, LCSW</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>1 APA CE 1 NBCC Hour 1 NMCTB CEU 1 Attendance Hour 1 CME</p>	<p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>9B The Role of Tele-psychiatry in Rural Communities <i>Carol Capitano, PhD, PMHCNS-BC</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p>11:00am - 12:00pm Workshop</p> <p>1 APA CE 1 NBCC Hour 1 NMCTB CEU 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Review the use of technology in the treatment of patients with mental health illness in rural communities. 2. Review the advantages and disadvantages of the use of tele-psychiatry in the education of behavioral health providers in rural communities. 3. Report at least 3 innovative ways tele-psychiatry is being implemented in New Mexico. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p>9D The Impact of Culturally-Tailored Mental Health Programs on Rural Australians <i>Jennifer Bowers, BSc (Hons), PhD</i></p>  <p>Disclosure Statement: The presenter has no financial relationship to this program.</p>	<p>11:00am - 12:00pm Workshop</p> <p>1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Summarize how to break down stigma in rural Indigenous and rural communities. 2. Illustrate how to improve help-seeking intentions and behavior of program participants. 3. Illustrate how to provide culturally relevant information about mental ill health. <p>Registration is required for CEs. To register, please visit: https://ctsctrials.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>

<p style="text-align: center;">9E Cohesive Promotion and Implementation of Healthy Relationship Education in Rural Iowa to Promote Overall Health and Wellness <i>Anthony Santiago, PhD, LMFT</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p style="text-align: center;">11:00am - 12:00pm Workshop</p> <p style="text-align: center;">1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p style="text-align: center;"><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Summarize the unique roles and infrastructure of Extension and Outreach and a cohesive marketing plan to best promote and implement relationship education in rural Iowa. 2. Appraise the Healthy Relationship and Marriage Education Training (HRMET) Program and its core modules and its relevance for rural communities in promoting health and wellness. 3. Review potential opportunities and challenges to further promote the offering of relationship education to rural communities. <p style="text-align: center;">Registration is required for CEs. To register, please visit: https://ctsctrails.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>
<p style="text-align: center;">9G In-Vivo and Tele-Therapy with Tribal Communities: Addressing Historical Trauma Responses <i>Maria Yellow Horse Brave Heart, PhD, LCSW</i> <i>Josephine Chase, PhD, LCSW</i> <i>Caroline Bonham, MD</i></p>  <p>Disclosure Statement: The presenters have no financial relationship to this program.</p>	<p style="text-align: center;">11:00am - 12:00pm Workshop</p> <p style="text-align: center;">1 APA CE 1 NBCC Hour 1 Attendance Hour 1 CME</p>	<p style="text-align: center;"><u>Outcomes/Objectives</u></p> <ol style="list-style-type: none"> 1. Summarize Historical Trauma and Historical Trauma response and its role and impact in the development of therapeutic alliance. 2. Appraise transference, countertransference, and management of the clinicians own internal processes during treatment within the context of Historical Trauma and Historical Trauma response. 3. Compare and contrast in-vivo vs tele-behavioral health therapy delivery effectiveness within the context of historical trauma, historical trauma response, and therapeutic engagement. <p style="text-align: center;">Registration is required for CEs. To register, please visit: https://ctsctrails.health.unm.edu/redcap/surveys/?s=3WMPN38M7K</p>

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Presenter Biographies

For more detailed biographies, please refer to individual presentation announcements

Farooq Ahmad, PhD

Information Systems expert with extensive computer knowledge and experience. He has a PhD degree in Electrical Engineering with background in Computer Science. He is currently working as Telemedicine and Health Information Exchange Consultant at Imperial County Behavioral Health Services (ICBHS).

Ben Altenberg, MA

Documentary filmmaker originally from Albuquerque, NM currently living in Austin, TX. He spent several years working as a videographer for various public health and education nonprofits in New Mexico, single-handedly producing public service announcements, educational videos, and promotional videos for small businesses in need. He completed his master's degree in Media Studies at the University of Texas at Austin in 2015 specializing in theory and history of documentary.

Debra Altschul, PhD

Psychologist who is an associate professor at the University of New Mexico's Department Of Psychiatry and Behavioral Science, and the Vice Chair of Community Behavioral Health Research. Her work is largely focused on examining the connection between behavioral health disparities, cultural competency, consumer outcomes, and evidence-based practice.

Christine Andersen, MA, LPC

Licensed Professional Counselor working as the Director of Integration at Beacon Health Options. Christine graduated with her Bachelors of Arts from Carroll College in Helena Montana and Masters of Science in Mental Health and Counseling from Walden University. Christine began her work in the field of mental health well before she earned her bachelor's degree, working as a mental health technician in an acute psychiatric treatment program

Mogens Bill Baerentzen, PhD, CRC, LMHP

Coordinates technical assistance and training on mental health issues in Iowa, Kansas, Missouri and Nebraska through the Mid-America Mental Health Technology Transfer Center. He teaches evidence-based practices to help persons with severe and persistent mental illness live meaningful inclusive lives.

Erik Bayona, MD

BA in psychology from UCLA and his MD from the UCLA David Geffen School of Medicine. He is currently a third year psychiatry resident at UNM. Dr. Bayona's wide-ranging interests include PTSD and generational trauma, addiction psychiatry, child and adolescent psychiatry, humanitarian issues, and immigration.

Leah M Becknell, MS

Bachelor of Science in Electrical Engineering from the University of Pennsylvania in 1986. Upon graduation, she pursued a career in an Information Technology with the Procter & Gamble Company in Cincinnati, Ohio. Retiring after 29 years, Leah is an experienced professional with extensive capabilities in strategic leadership, program management and organizational development.

Jac'lyn Bera

Undergraduate Psychology and Anthropology student at Utah State University - Eastern. Serving as the Utah Rural Opioid Healthcare Consortium Intern for Carbon and Emery counties. Under the direction of Jeanie Wilson, she has been able to take part in and offer a student's perspective on the efforts being done to resolve the Opioid Epidemic in her community.

Caroline Bonham, MD

Vice Chair of Community Behavioral Health Policy, Department of Psychiatry and Behavioral Sciences at University of New Mexico Health Sciences Center. Dr. Bonham is a psychiatrist with an interest in access to care and developing community partnerships. She has worked as a psychiatrist in the United Kingdom and rural Australia and has been on faculty at UNM since 2010. She oversees the Division of Community Behavioral Health in the UNM Department of Psychiatry and Behavioral Sciences which addresses health disparities among individuals with mental illness in New Mexico through community partnered research, clinical and educational initiatives

Brittany Boone, BS

Current school psychology graduate student at TWU in the LSSP (licensed specialist in school psychology) program. She graduated from the University of Texas at Austin in 2016 with her BA in Psychology, where she assisted both in a Positive Psychology lab and in a large-scale anxiety study at the Texas Child Study Center

Jennifer Bowers, BSc (Hons), PhD, FAICD

Inaugural Chief Executive Officer and Managing Director of Rural & Remote Mental Health Ltd a not-for-profit organization with charitable status. She is also a Director of Mental Health Australia the peak, national non-government organization representing and promoting the interests of the Australian mental health sector and committed to achieving better mental health for all Australians

Sheri Boyle, PhD, MSW

Associate Professor in the MSW Program at California University of PA (CAL U). She has been at the University for 14 years. She previously served as the Field Coordinator for the Social Work Department and BSW Program Director. Dr. Boyle received a HRSA grant (17-070) in October 2017 and is a co-principal investigator of HRSA 17-070 with Dr. Elizabeth Gruber in the Counselor Education Program at CalU. Dr. Boyle's research interest include older adults and community attachment as well as diversity issues.

Maria Yellow Horse Brave Heart, PhD, LCSW (Hunkpapa & Oglala Lakota)

Associate Professor and Director of Native American and Disparities Research at the University of New Mexico (UNM) Department of Psychiatry and Behavioral Sciences, Division of Community Behavioral Health. Dr. Brave Heart, a seasoned clinician, also provides psychotherapy through Indian Health Service Tele behavioral Health under a contract with UNM Department of Psychiatry. As Principal Investigator

Carrie Bravinder, MA, LPCC

Licensed professional counselor in New Mexico. She holds a Master's degree in counseling from Cincinnati Christian University. She has 20 years of experience providing mental health services in community mental health and private practice settings. She currently works at Goldsboro Counseling Center in Goldsboro, NC.

Sarah Elisabeth Brown, BA

Empowering peers in the mental health system for over twenty-years. Some of her positions include Consumer Empowerment Specialist and Recovery Services Coordinator for Presbyterian Medical Services in New Mexico, as an International WRAP (Wellness Recovery Action Plan) Mentor for the Copeland Center for Wellness and Recovery, and as the Training Specialist for Howie the Harp Advocacy Center in New York City.

Theresa L. Burriss, PhD

B.A. (Philosophy major/English minor) from Emory University in Atlanta, GA, an M.S. (English) from Radford University in Radford, VA, and a Ph.D. (Interdisciplinary Studies: Appalachian Studies/Women's Studies) from the Union Institute and University in Cincinnati, OH. Theresa serves as Radford University's Chair of Appalachian Studies, Director of the Appalachian Regional & Rural Studies Center and Director of Academic Outreach for the Southwest Virginia Higher Education Center in Abingdon.

Jose Canaca, MD

General psychiatrist and assistant professor in the University of New Mexico, Department of Psychiatry. Dr. Canaca completed his training in psychiatry at the University of New Mexico, school of medicine. He is the Associate Training Director for the Psychiatry Rural Program. His areas of interest are rural communities and underserved populations.

Flor Cano-Soto, LMSW

Licensed Masters Social Worker (LMSW) at UNM-CBH. She has been with the CBH for over 13 years and with UNM for over 18 years. Ms. Cano-Soto is originally from Gallup, NM. She completed her undergraduate and graduate studies at NM Highlands University, with a focus on working with immigrant and Spanish speaking populations in both clinical and community settings.

Carol Capitano, PhD, PMHCNS-BC

Psychiatric Mental Health Clinical Nurse Specialist with prescriptive authority. She is an Assistant Professor at the University of New Mexico, College of Nursing. In addition, she practices at the University of New Mexico Hospitals Psychiatric Center, where she pioneered the Advanced Practice Nurse role at the Psychiatric Center. She earned a PhD from the University of New Mexico. Her primary research interests include suicide, PTSD, bereavement, continuing bonds after death and end of life issues.

Josephine Chase, PhD (Mandan/Hidatsa – Yanktonai/Hunkpapa)

Consultant /Director Horse Nation Healing, Inc. currently serves as Deputy Director of Behavioral Health, Rapid City Indian Health Service. Dr. Chase is the former Associate Director of the Takini Network/Institute, based in Rapid City, South Dakota, a Native collective devoted to community healing from intergenerational massive group trauma.

Christine Chasek, LIMHP, LADC

Associate Professor at the University of Nebraska Kearney in the Department of Counseling and School Psychology and Director of the Behavioral Healthcare Center of Nebraska-Kearney. Dr. Chasek is a practicing mental health and addictions counselor with experience in behavioral health care administration most currently focusing on behavioral healthcare in rural Nebraska. Her research interests include mental health and addiction counseling, counselor preparation, rural behavioral health, and clinical outcomes.

Jennifer Christman, BSW, MA

President of the Board of Directors for the National Association for Rural Mental Health (NARMH). Before her role as President, Jennifer held the position of President-Elect. Under her tenure, NARMH has seen growth in Marketing, membership participation, and overall public relation exposure.

Lisa Clements, PhD

Vice President of Population Health for Beacon Health Options, Colorado. For over four years, Dr. Clements has directed the Population Health strategy in Colorado. She oversees programs addressing the needs of Justice Involved Individuals, Psychiatric Consultation, Integrated Care, Long Term Services and Support, Care Coordination, and prioritization of member needs through data stratification processes.

Lauren Coffey, PhD

Graduated from Oklahoma State University with her Ph.D. in School Psychology, specializing in Applied Behavior Analysis and advanced direct intervention/therapy, as well as the diagnosis and treatment of Attention-Deficit/Hyperactivity Disorder (ADHD). Lauren completed her pre-doctoral internship with the University of Nebraska Medical Center, Munroe-Meyer Institute (UNMC-MMI), during which she specialized in rural integrated behavioral health care.

Annette Crisanti, PhD

Psychiatric Epidemiologist and Tenured Associate Professor in the Division of Community Behavioral Health, Department of Psychiatry and Behavioral Sciences, University of New Mexico. Her research aims to address behavioral health disparities in rural communities and among vulnerable populations by developing, implementing and evaluating innovative approaches to treatment.

Rita Cronise, MS, ALWF

Holds a master degree in Instructional Design and became involved in self-help peer support in the late 90's, eventually leading the local chapter of the Depression and Bipolar Support Alliance, DBSA Rochester. She became one of the first 100 peer specialists hired by the Dept. of Veterans Affairs in 2007 and founded a local chapter of the National Association of Peer Specialists (NAPS).

Raven Cuellar, PhD

Assistant professor and licensed clinical psychologist at the University of New Mexico Health Sciences Center in the Department of Psychiatry and Behavioral Sciences. Dr. Cuellar is the Program Director of the ACTION Clinic, an outpatient specialty clinic dedicated to providing trauma-focused therapy services, as well as training, outreach and consultation to local providers, service agencies and communities.

Edna Davis-Brown, M.P.H.

Implementation Specialist with the federally funded National Adoption Competency Mental Health Training Initiative (NTI). Ms. Davis-Brown has more than 20 years of experience in program development, management and implementation, program monitoring and evaluation, group facilitation, and training/technical assistance development and delivery.

Steven Dettwyler, PhD

Public Health Analyst at the Substance Abuse and Mental Health Services Administration (SAMHSA). He has over 30 years of experience in developing, managing and monitoring public mental health, addiction and intellectual disability services at the state and local area. His role in SAMHSA is to provide guidance and leadership for the mental health block grant area on issues of data collection, presentation and analysis.

Karen Dolan, LCSW

Worked her way up from the laundry in community behavioral health and is now the Executive Director of the Four Corners Community Behavioral Health Center. She began her career working for the wonderful Southwest Center and then later at the fabulous Four Corners. She has worked as a Clubhouse Director, Clinical Director, Outpatient Therapist, Administrator, and CEO.

Renee Edwards, LPCC

Executive Director for Valle del Sol of New Mexico. She has served the agency since 2014 and has been involved in the implementation of TreatFirst across nine New Mexico Counties. Renee first became involved in behavioral health in High School, where she served as a Peer Counselor and Member of the State of Colorado Youth Task Force on Drug Prevention.

Anne Hays Egan, MA, MDiv, PhD ABD, DMin

Community building and systems development consultant with forty years of experience in the field. Her

community building work includes the intersection of health, behavioral health, economic development, workforce development, jail diversion and civic engagement. Anne has a B.A. degree from Converse College; M.A. from Florida State University; M.Div. from Princeton; and doctoral work (ABD) from Union Institute. She is completing additional doctoral work on the intersection between community needs, spiritual values, assets, and community health, with a D.Min. in late 2018 from ETS.

Rachele C Espiritu, PhD

Research psychologist who brings substantive experience in the areas of children's behavioral health, behavioral health disparities and equity, cultural and linguistic competence, culturally responsive and equitable evaluation, workforce development, and systems change and collaboration. She is a founding partner with Change Matrix LLC, a minority- and women-owned small business that motivates, manages and measures change to support communities and systems that improve lives.

Joe Evans, MD

Professor of Psychology at the University of Nebraska Medical Center. He is the Director of the Mid-America Technology Transfer Center, which provides training, consultation and program implementation assistance to behavioral health professionals and agencies in the SAMHSA four-state Region 7 area including Missouri, Iowa, Nebraska and Kansas.

Rebecca N. Ezechukwu, PhD

Licensed clinical psychologist at the UNM Health Sciences Center in the Department of Psychiatry and Behavioral Sciences. Dr. Ezechukwu is a Program Therapist with the ACTION Child Trauma Clinic, supported by the National Child Traumatic Stress Network (NCTSN). She provides trauma-focused assessment and therapy to youth and families, as well as training, outreach, and consultation about providing trauma-informed care.

Martha J. "Molly" Faulkner, PhD, APRN-CNP, LCSW

Assistant Professor, Nurse Practitioner and Clinical Social Worker in the Division of Community Behavioral Health in the University of New Mexico Department of Psychiatry and Behavioral Sciences. Dr. Faulkner currently serves as the Clinical Director of the State Behavioral Health Workforce Initiative and Training Director for the Division of Community Behavioral Health. . Dr. Faulkner's career as a registered nurse, clinical social worker, nurse practitioner and doctorate spans 37 years. She received her BSN at the University of Oklahoma, her MSW at New Mexico Highlands University, and her MSN and PhD in nursing at the University of New Mexico.

Bess Friedman, MSc

Program Specialist for EARLY, New Mexico's only Coordinated Specialty Care program for young adults age 15-30 years who are experiencing a first episode of psychosis. Bess received her Masters of Science at the Institute of Psychiatry, Psychology and Neuroscience (IoPPN) at King's College London, England in 2016.

Brenda Frink, MA, LPCC, LADAC

Director of Clinical Services for Turquoise Lodge Hospital in Albuquerque, NM. She has worked in various clinical capacities for the past 19 years. Brenda's Masters training is in Archetypal Art Therapy, and she has received extensive training in evidence-based practices such as DBT, ASAM, Seeking Safety, and Motivational Interviewing.

Kate Gibbons, LCSW, LISW

Consultant known for achieving organizational and system transformation through her ability to build relationships with a broad range of audiences and her national level work with Quality Service Review. Kate is an LCSW working with numerous provider and state agencies on change initiatives. Kate is a Ph.D. candidate at Saybrook University studying Organizational Systems, Transformation, and Leadership.

Lauren Goldstein, PhD

Program Manager for Strategic Initiatives in the New Mexico State University Chancellor's Office where she works with networked stakeholders in university, industry, community, business, and government to develop and sustain collaborative strategic action plans. She is a certified Strategic Doing practitioner. She earned her PhD in Rhetoric and Professional Communication from New Mexico State University, MFA in creative writing from Virginia Tech, and BA in English from Creighton University.

Seth Green, PhD

Commander in the United States Public Health Service. He serves as the Co-Director of Training for the Alaska Psychology Internship Consortium and as the Director of Training for the Norton Sound Health Corporation's Post-Doctoral Fellowship in Rural Health Psychology and as Director of Psychological Services for Norton Sound Health Corporation.

Margaret Greenwood-Ericksen, MD, MS

Emergency Physician and Assistant Professor of Emergency Medicine at the University of New Mexico. She is fellowship trained in health services research at the National Clinician Scholars Program, and her work informs innovative models of rural healthcare delivery designed to improve the quality and structure of rural healthcare in the United States.

Julie Salvador, PhD

Assistant Professor in the University of New Mexico, Department of Psychiatry, Division (UNM) of Community Behavioral Health (CBH). As a trained cultural anthropologist, she focuses on use of qualitative data and ethnographic methods in her community engaged research approach, working in partnership with rural and underserved populations in New Mexico including American Indian and Hispanic communities.

Elizabeth Gruber, PhD, LPC, NCC

Active faculty member as well as field coordinator of the department for the past 15 year at the Department of Counselor Education at California University of PA. Dr. Gruber also serves as School Counseling Coordinator in the department. Dr. Gruber received her PhD in Counselor Education and Supervision from Duquesne University in 2007. She holds a MS in Community Counseling from Youngstown State University and Bachelors in Education from Bowling Green State University.

Kari Gusso, RN

Grew up in MN where she attended Holy Angels in Richfield, MN. Kari received her BS in Nursing from SDSU, and worked for many years as a labor and delivery nurse, a flight nurse and as an RN case manager at the VA Medical Hospital in Sioux Falls SD. In 2012 she decided to stay at home full-time to care for their daughter Lauren who suffers with a mental illness. Kari has been featured on KDLT Sioux Falls, 96.5 radio SD, and the Sioux Falls Argus Leader News, along with magazine articles.

Debra Heath, MPH

Program Manager and Evaluation Director for the Rural Urban Health Professions Student Training initiative and the Lead Evaluator for two tribal early childhood home visiting programs. For over twenty years, she has conducted program evaluation, planning, and research in the fields of public health, education and community development.

Lindsey Hickey, PhD

Licensed psychologist and supervisor of internship and postdoctoral fellowship at Norton Sound Health Corporation, Behavioral Health services, which is located in Nome Alaska and serves the Bering Strait region. She has training and experience in working with children and families, military psychology, crisis response, and integrated behavioral health.

Joseph Hill, BS

Co-president of the New Mexico Public Health Association as well as a steering committee member of the New Mexico Health Equity Partnership. Holding degrees in human services and ministry, this unique perspective allowed Joseph to integrate the stories of those he is served as clergy informed by data and evidence-based practices to work directly with communities to improve access to services, reduce disparities, prevent substance abuse, assist state and local governments in the development of policies, and advocate on behalf of the underserved.

Jeff L. Hite, PsyD

Director, Regional Provider Quality for Beacon Health Options. He is a licensed Psychologist with 20 years' experience in community mental health having worked with adult and youth populations across outpatient, residential and inpatient levels of care. His clinical work has focused on use of Dialectical Behavior Therapy and Cognitive Behavior Therapy techniques in working with chronically mentally ill (CMI) and individuals with high utilization across multiple systems of care.

Akemi Inugay, BS,

Second year in the Specialist in School Psychology program at Texas Woman's University located in Denton, Texas. During her time in the program, she has learned how to give cognitive and academic assessments, how to write reports for each, have received education regarding special education laws, counseling theories and techniques, as well as counseling from a multicultural perspective.

Brian Isakson, PhD

Dr. Isakson is a licensed clinical psychologist and associate professor in the University of New Mexico Department of Psychiatry and Behavioral Sciences where he is the clinical director of behavioral health integration and expansion and the clinical director of the Division of Community Behavioral Health. His research, clinical, and training interests include reactions to trauma and other stressful life events; trauma-informed systems of care; refugee mental health; behavioral health and primary care integration and behavioral health services research.

Betty Johnson, CFRE, BA

President of Betty Johnson & Associates, a full service consulting firm. She has over 30 years' experience in the development field, a CFRE since 1997, and an AFP Faculty master trainer. She is a trained TOPS facilitator and certified in Strategic Doing.

Catherine Jones-Hazledine, PhD

Licensed psychologist in rural practice in Nebraska. She owns and operates Western Nebraska Behavioral Health Clinics, and she and her staff provide primary care integrated care in several communities in the Panhandle and Sandhill's area of the state

Brent Khan, PhD

Associate Director for the Behavioral Health Education Center of Nebraska (BHECN) where his deep operations expertise in directing and leading change in healthcare organization assist in leading, directing and evaluating strategic initiatives for BHECN on workforce development for behavioral health professionals and students for the state of Nebraska. Dr. Khan is also an Assistant Professor in the Department of Psychiatry at the University of Nebraska Medical Center, where he developed and teaches "Stress Reduction Techniques for the Practicing Clinician."

Lacy Keith, LPCC

Outpatient Clinical Director for Mental Health Resources Inc. She has been employed by Mental Health Resources Inc. for 12 years, holding multiple positions in the agency in her time with them. Beginning as a Community Support Worker, she worked one on one with clients to help develop recovery and resiliency skills. In 2010 Lacy returned to Eastern New Mexico University to gain her Master's Degree in Counseling. She began her career as a licensed mental health counselor in 2012.

Cynthia Killough, MA

Native New Mexican and first generation US Citizen. She received her bachelors and masters in psychology at New Mexico State University. She currently works as a Community-based Research Specialist at UNM HSC Division of Community Behavioral Health.

Vicki Kowal, MA, LPCC

Licensed mental health counselor in New Mexico and holds a master's in community counseling from the University of Northern Colorado. Past employment includes Mental Health Counselor, Family & Crisis Services Director, and Employee Assistance Program Counselor. Her career at the National MS Society began in 2007, assisting people affected by MS with resources and emotional support. She currently provides resources and training to healthcare providers throughout New Mexico and West Texas as a Manager of Healthcare Provider Engagement.

Avron (Avi) M. Kriechman, MD

Worked for decades both in a senior clinical and administrative capacity integrating behavioral health within medical, school, tribal, and rural communities with culturally diverse communities in both academic teaching hospitals and national HMO's. Dr. Kriechman is also a trainer in and supervisor of family, systems, group, and individual time-effective and strength-based psychotherapies and is a graduate of the Ackerman Institute for the Family. He is currently the Principal Investigator for ASPYR (Alliance-building for Suicide Prevention & Youth Resilience).

Wendy Linebrink-Allison, MSW, MBA, CPSW

Program Manager at the New Mexico Crisis and Access Line (NMCAL) is a critical link between crisis services and community education. Her work in advocacy, assistance, and empowerment of people with physical, mental, behavioral, and/or substance use disorders strives to reduce stigmas and help people achieve healthy, meaningful lives. Wendy has her Masters in Social Work and Business Administration, is certified as a National Peer Support Specialist, and credentialed as a prevention trainer for multiple curricula

Cheri Loggains, MSW, LCSW

Lived in New Mexico for 20 years and has been practicing Clinical Social Work for 30 years. In this time flexible, fluid, and ever-changing self-care has become a corner stone of her ability to stay in the field. While she has practiced in a variety of settings, she currently works providing integrated behavioral health counseling at Southwest Care Center in Santa Fe.

Carol Luna-Anderson, PhD

Doctorate of Philosophy in Counseling; her Bachelor's and Masters of Science in Nursing. She has over thirty-five years in the behavioral health fields and has served as the Executive Director for The Life Link in Santa Fe from 1987 to 2018 and is now the Director of Special Initiatives and Asset Development. She is a member of the New Mexico Behavioral Health Planning Council and serves as the representative to the Medicaid Advisory Committee.

Sam Marion, LCSW

Licensed Clinical Social Worker from Moultrie, Georgia. He completed his MSW at the University of Georgia. He has advanced training in trauma, play therapy, and EMDR. Fluent in Spanish, Sam enjoys being able to provide services to clients throughout the community. He enjoys using sand tray, art, play, and other expressive therapies when working with people of varying ages, as well as couples and families, within his private practice setting.

Elizabeth Marston, LCSW

Licensed Clinical Social Worker living in Moultrie, Georgia. She completed her MSW at the University of North Carolina at Chapel Hill. She has pursued advanced training in trauma and completed basic training for EMDR. In her private practice, she works with individuals of all ages, couples, and families. She

specializes in working with clients diagnosed with personality disorders as well as complex trauma.

Greg McCutcheon, MA

Executive director of CMU supporting over 6000 individuals and families with mental health, intellectual and developmental disabilities in Dauphin County, PA. Greg received his Master's degree in Counseling and Educational Psychology from Slippery Rock University in 1981.

David Miller, PhD Student

Doctoral student in the University of New Brunswick's Clinical Psychology program based in Fredericton, New Brunswick, Canada. His clinical and research interests' center on access and availability of mental health supports among children and youth, particularly in rural and under-served areas.

Dennis Mohatt, MA

Vice President for Behavioral Health at the Western Interstate Commission for Higher Education (WICHE). He directs the WICHE Mental Health Program and the WICHE Center for Rural Mental Health Research. Dennis has over 30 years of public mental health services

Lisa Morad-McCoy, LCSW

Senior Program Therapist at UNM Community Behavioral Health (CBH). Lisa received her Master of Social Work (MSW) from the University of Michigan in 1996. She has done extensive clinical work with children, adolescents and families at Para Los Ninos and the UNM School Based Health Center.

Elizabeth (Liz) Nilsen, BA

Senior Program Director at the Purdue Agile Strategy Lab, she teaches and practices Strategic Doing throughout North America. Liz is a co-author of "Strategic Doing: Ten Skills for Agile Leadership." She has an AB degree from Stanford University and an MBA from Northeastern University.

Pari Noskin, MSW, LMSW

Program manager at the University of New Mexico in the Department of Psychiatry and Behavioral Sciences. She led the Comprehensive Community Support Services (CCSS) initiatives and training for the Consortium for Behavioral Health Training and Research (CBHTR) for almost four years. Noskin earned her BA in Asian Studies from the University of Michigan and her MSW in therapy and intercultural relations from that university's school of social work.

Stacey Palmer, LPCC

Director of Behavioral Health for Presbyterian Medical Services (PMS). She has been a dedicated leader in the behavioral health community for over 10 years. Stacey's career has been committed to providing quality clinical services in Community Mental Health with an emphasis on utilizing evidence based practices such as MST, DBT, CBT and EMDR.

Ronald Palomares-Fernandez, PhD

Tenured Associate Professor at Texas Woman's University, Denton Texas. He has been on the graduate faculty a total of 11 years. He also spent 13 years as an Assistant Executive Director at the American Psychological Association (APA), where he often worked with the APA Committee on Rural Mental Health. He has maintained his licenses as a Psychologist (Texas) and also Licensed Specialist in School Psychology (Texas) for over 20 years and currently serves on the Texas State Board of Examiners of Psychologists (TSBEP).

Jennifer "Jen" Panhorst, LCSW

Graduated with a Masters in Social Work from the University of Nevada Reno in 2007 and has done clinical work with juveniles in detention facilities, schools, community drop-in centers, and mental health facilities. Jen currently works at the Division of Community Behavioral Health in UNM's Department of

Psychiatry providing clinical supervision in person and via teleconferencing as part of the State Behavioral Health Workforce Initiative.

Laura Pannella Winn, MA

Applied social scientist interested in substance use prevention, early intervention, recovery, and service innovations that connect these continuums. As Deputy Director for C4 Innovations (C4), Ms. Winn works across departments to lead research, program and product development, and writing activities. She currently serves as Co-Principal Investigator for a Conrad N. Hilton funded project to design and execute a multi-site randomized controlled trial a substance use prevention intervention for youth, Project Amp: Amplifying our Futures.

Rick Peterson, Ph.D. L.M.F.T., C.F.L.E.

Professor and Family Life Specialist with Texas A&M AgriLife Extension Service. Rick is a faculty member of the University Center on Disability at Texas A&M and is project director for several grant-funded projects. He holds degrees from Kansas State University, including a B.A. in Agriculture, a M.S. in Marriage and Family Therapy, and a Ph.D. in Family Life Education.

Debbie F. Plotnick, MSS, MLSP

Vice President for Mental Health and Systems Advocacy at Mental Health America (MHA). In her role at Mental Health America, Debbie provides leadership for grassroots and legislative advocacy across the MHA affiliate network. She also coordinates the efforts of the Regional Policy Council (RPC), which focuses on state-level initiatives for equal access to behavioral health care, a full range of treatment and services, criminal justice diversion, and the value of prevention and early intervention. Debbie holds three degrees from Bryn Mawr College: an AB in political science; dual master's degrees in Social Service (MSS) and Law and Social Policy (MLSP).

Charles L. Pollard, BA

Working in the field of black lung litigation since 2016 in Wise, Virginia. There I received extensive experience in the legal portion of black lung and became moderately versed in the medical portion as well. Through my work as a benefits counselor, I work diligently to ensure the miners in our community receive the medical, emotional, and financial assistance they need.

Geniphyr Ponce-Pore, MS, MEd

Master's In Systems Theory and a Master's of Education focused on Adult Education, Experiential Learning, and Cognitive Learning Theory. She has 25 years of experience working with communities, rural and urban, across a host of issues. Her facilitation skills and training range from Appreciative Inquiry, Strategic Development of Informed Consent (SDIC) and Strategic Doing. She is a certified Strategic

Heidi Radunovich, PhD

Associate Professor in the Department of Family, Youth and Community Sciences at the University of Florida, and engages in teaching, research, and Cooperative Extension activities related to rural health and mental health, disaster stress, and military families. Dr. Radunovich completed her undergraduate degree at Washington University, majoring in Psychology and Spanish. Her M.A. and Ph.D. in clinical psychology were earned at the University of South Florida, where she specialized in child and family therapy. She is a licensed psychologist in the state of Florida.

Lee Ann Ratzlaff, MA

Worked in behavioral health research and evaluation for over nine years, and is currently serving as the Data Manager for the UNM Division of Community Behavioral Health. I have experience directly interacting with and collecting data from both youth and adult research participants via standardized survey instruments; conducting individual interviews and focus groups; coordinating and managing study protocols; managing interview schedules and contacting participants for follow-up interviews; creating,

managing and organizing interviewer materials; training data collectors; data entry; coordinating and managing quantitative and qualitative data from multiple collection sites; developing and managing unique databases for specific research studies; managing and maintaining the quality of data; analyzing quantitative and qualitative data; creating visual representations of data to include in reports; developing innovative and interactive methods for data collection and data dissemination; and assisting with writing narratives for local and federal reports.

Lauren Reichelt, MA

Graduated with a BA in liberal arts from St. John's College in Santa Fe, NM and an MA in Comparative Culture from Jochi Daigaku (Sophia University) in Tokyo Japan. She also completed graduate coursework in Psychology at The University of West Florida while her family was stationed at the Naval Air Base in Pensacola

Jessica Reno, MPH

Training is in epidemiologic methods to quantify community health problems and evaluate solutions. She has worked at the federal level with the Centers for Disease Control and Prevention, and the state level with the New Mexico Department of Health. She currently works as a Senior Statistician at the University of New Mexico's Health Sciences Center, assisting investigators with planning and analyzing research projects with quantitative data components.

Andrew Rodriguez, EdS

Graduated from the University of Florida with his Ph.D. in school psychology. He specialized in pediatric psychology during his graduate program. Andrew completed his pre-doctoral internship with the University of Nebraska Medical Center, Munroe-Meyer Institute. He specialized in rural integrated behavioral health care during his clinical internship training. Andrew is currently completing his post-doctoral residency with Confluence Health in Washington State.

Scott Ronis, PhD

Associate Professor and Director of Graduate Studies in the Department of Psychology at the University of New Brunswick in Fredericton, New Brunswick, and he maintains a part-time private practice as a licensed psychologist. Dr. Ronis holds a doctorate in clinical psychology from the University of Missouri.

Shanna Rosentrater, MA

Licensed mental health practitioner who specializes in working with children, adolescents, and adults, from all backgrounds and diagnoses. She provides individual, family & couples therapy services and previously worked under the Munroe-Meyer Institute Americorps program. Shanna is the Genetics Clinic Coordinator with UNMC in Gordon, NE, and is a member of the Box Butte General Hospitals Crisis Response Team. Shanna's training includes a B.A. in Sociology with minors in Psychology and Family Consumer Sciences, and a Master's in Community Counseling from Chadron State College.

Erin Rush Ortegon, MD

Born and raised in Kentucky, prior to traveling to New Mexico to start her residency training in psychiatry. Throughout her training, she has been actively engaged in the rural program at the University of New Mexico. Her interests include early psychosis, improving access to care, and systems of care, such as work skills training programs for individuals with serious mental illness. She plans to start Fellowship training for Child and Adolescent psychiatry at the University of New Mexico.

Ryan Sanchez

From the pueblos of San Felipe and Cochiti, both located in Northern New Mexico. Beginning in the summer of 2010, Ryan assumed the role of Youth Mentor and Youth Advocate. Through the work, that Ryan has done in his community, the Substance Abuse and Mental Health Services Administration (SAMHSA) has featured him twice in their campaigns for Children's Mental Health Awareness Week as a

Health Champion. Ryan now works as a Program Coordinator for UNM's Department of Psychiatry and Behavioral Services - Division of Community Behavioral Health.

Jimel Sandoval

Project Director for the San Felipe Pueblo System of Care. In his role, he leads an innovative program that is aimed at expanding the efforts of several SAMHSA funded grants. With a strong cultural background and fluency in the Keres language and a Bachelor of Arts degree from the University of New Mexico, he oversees the development and successful implementation of tribal youth suicide prevention and early intervention strategies across all child and youth supporting organizations.

Anthony Santiago, PhD, LMFT

Educator and therapist for many years, which has allowed him to realize that both intervention and prevention is useful in helping people manage their relationship distress as well as develop relationship skills and tools. He co-authored the National Extension Relationship Marriage Education Model.

Shawn Sidhu, MD

Training Director for the UNM Child and Adolescent Psychiatry Fellowship Program. He has provided clinical care to Native American populations on site and via telehealth. He has also worked in school-based health settings.

Kristi Silva, MA, CPH

Experienced researcher and technical assistance provider specializing in health equity. Her work is concentrated in three areas: development and evaluation of systems- and organizational policies and practices; production of effective tools to build a future of health equity, and advocacy for evidence-based health policy.

Amanda Slaunwhite, PhD

Senior Scientist at the BC Centre for Disease Control where she leads research activities for the BC Provincial Overdose Cohort. The Provincial Overdose Cohort is a collection of linked administrative data, including data from BC Corrections, emergency departments; she is also an adjunct professor in the School of Population and Public Health at the University of British Columbia.

Michael Sodini, BA

Third generation firearm industry professional, and known by many as the "most un-gun, gun guy." After graduating from ASU in 1998 with a degree in communication and a series of unforeseen tragedies from 2006 - 2009, Michael eventually became President of Eagle. Over the last 9 years, he has successfully cultivated and evolved the Bersa, Metro Arms, and Grand Power firearm brands. In 2018, Michael formed the Walk the Talk America initiative, a non-profit organization dedicated to making positive change in relationship to mental health, and firearm awareness.

Corby Stark, MA, LPC

Licensed Professional Counselor who has been with Polk County Behavioral Health Department in Balsam Lake, Wisconsin since 2005. She currently provides therapy and clinical supervision as the Clinical Manager of Adult Protective, Emergency, Outpatient and Targeted Case Management Services. Areas of interest for Corby include psychological trauma and co-occurring conditions treatment, building collaborative and trauma-informed systems of care, supporting children and families and emergency services.

Michael Steube, BA

Intern for Western Nebraska Behavioral Health while finishing his Master's degree in Clinical Mental Health Counseling from Chadron State College. He has worked in an integrated mental health setting and with a wide range of clients.

Kathy Sutherland-Bruaw, M.A

Founder and Executive Director of Inside Out, a nonprofit organization operated by peer providers and serving individuals with substance use disorder. Ms. Sutherland-Bruaw obtained a B.U.S. from University of New Mexico and a Master's degree in Educational Leadership focusing on At-Risk Youth from the College of Santa Fe. She has also attended the Boston University Global Leadership Academy and has numerous certifications in behavioral health modalities. In 2018, she wrote an Opioid Use Disorder curriculum for BHSD, which has been implemented with both peers and providers.

Matthew Sutton, BA

Second-year graduate student in the Texas Woman's University Specialist Program in School Psychology. He graduated from Baylor University in December 2017 with a B.A. in Psychology. In the past, he has worked as a Registered Behavior Technician (RBT) doing ABA therapy with children on the autism spectrum. He also has a year of volunteer experience with therapeutic horseback riding working with children and young adults with disabilities.

Amy Swigart, MA, DAPA

Internationally recognized for her knowledge and experience addressing Reactive Attachment Disorder. Amy is a Behavioral Specialist Consultant and mental health therapist who consults for a number of placement facilities, juvenile courts, and programs. She is a probation officer with Butler County Juvenile Court Services and an instructor for the Juvenile Court Judges Commission for Pennsylvania.

Esther Tenorio

Project Director for the HOPAH Project (Helping Our People Advocating Hope) a children's mental health infrastructure development project at the Pueblo of San Felipe's Department of Health and Wellness. Esther has over 35 years of experience working with Communities in NM in behavioral health programming and administration.

Margaret Tomann, MSPH

Black Lung Research and Development Coordinator and Site Manager of the St. Charles Respiratory Care Center at Stone Mountain Health Services, based in St. Charles, Virginia. Margaret received a Master of Science in Public Health from Tulane School of Public Health and Tropical Medicine and a Bachelor of Science from Villanova University. She is working towards a Graduate Certificate in Appalachian Studies at Radford University.

Liza Tupa, PhD

Director of Education and Research for the Western Interstate Commission for Higher Education, Behavioral Health Program. A licensed clinical psychologist, her career in public behavioral health includes work in the Colorado state mental health and substance abuse authority, community mental health, corrections, and state psychiatric inpatient.

Pete VanDusartz, MA, LCSW, SAC, ICS

Licensed Clinical Social Worker, Licensed Independent Clinic Supervisor, and a Licensed Substance Abuse Counselor in the state of Wisconsin. He has a Masters degree in Psychology and specialized training in substance abuse. His current position is Director of Behavioral Health for the HealthPartners Valley Hospitals in Wisconsin and Minnesota.

Rahul Vasireddy, MD

Second year resident in general psychiatry at the University of New Mexico. He has interests in child and adolescent psychiatry and systems of care.

Roberto Velasquez, PhD

Taught at San Diego State University in both the Department of Counseling and School Psychology and Psychology for 21 years. He also practiced psychology in Southern California for 20 years. He has

specialized in the use of the Minnesota Multiphasic Personality Inventory (MMPI, MMPI-2, MMPI-2 RF) across cultures especially with English and Spanish speaking Latinos/as in the United States and has published over 60 research studies and book chapters on this topic. He is currently revising "The Handbook of Chicana and Chicano Psychology and Mental Health" (Taylor & Francis), which was originally published in 2004. He is currently finishing a master's degree in criminal justice at New Mexico State University.

Virginia Ann Waldorf, PhD

1997 Clinical Psychology graduate of the University of New Mexico, Department of Psychology. During her career, she has been involved in clinical care, education and training, program development, and administration at the New Mexico Veterans Affairs Healthcare System, Presbyterian Healthcare Services, and the University of New Mexico. She has served as faculty for UNM's Departments of Psychology, Psychiatry & Behavioral Sciences and Family & Community Medicine. In August of 2014, Dr. Waldorf was named as the first Vice Chair for Behavioral Sciences, Department of Psychiatry and Behavioral Sciences.

Diane D. Walsh, PhD

Assistant professor in the Department of Pastoral Clinical Mental Health Counseling at Neumann University, where she also serves as the Academic Unit Leader. She is currently a licensed graduate professional counselor in the state of Maryland and a national certified counselor. Diane's clinical areas of specialization include the integration of religion and spirituality and working with teens and young adults. Diane received a Ph.D. in Counselor Education and Supervision at Loyola University Maryland, a M.A. in Counseling Psychology at the University of St. Thomas, and a B.S. in Psychology at Iowa State University.

Shinobu Watanabe-Galloway, PhD

M.A. in Psychology from University of Northern Iowa and PhD in Epidemiology from University of Iowa. She joined University of Nebraska Medical Center (UNMC) in 2004. She conducts mental health and cancer health disparities research with a specific focus on rural populations. She also instructs various epidemiology courses and has mentored over 50 graduate students.

James L. Werth, Jr., PhD, ABPP

PhD in Counseling Psychology from Auburn University in 1995 and his Master of Legal Studies degree from the University of Nebraska – Lincoln in 1999. He currently serves as the Behavioral Health and Wellness Services Director as well as the Black Lung Program Director for Stone Mountain Health Services, a Federally Qualified Health Center with 11 medical and 2 respiratory care clinics spread across 7 counties in Southwest Virginia. He is a Licensed Clinical Psychologist in Virginia, is board certified in Counseling Psychology (American Board of Professional Psychology), and is a Fellow of the American Psychological Association.

Jackie West., LMHC, LADAC, CTRS

Clinical leadership of Turquoise Lodge Hospital since 2001 and currently serve as the Clinical Rehab Supervisor. I received my Masters in Counseling from Webster University in 2006. I am a LMHC, LADAC and CTRS (nationally certified Recreational Therapist). I have been trained in many evidence-based practices, including CBT, Motivational Interviewing, Seeking Safety, Matrix Model and ASAM.

Chelsea C. White IV, MD, NRP, FAEMS, FACEP

Emergency Physician in the Department of Emergency Medicine at University of New Mexico, USA, where he serves as EMS Faculty. He is the Director of the UNM Center for Rural and Tribal EMS as well as the Director of the UNM EMS Fellowship. He is board certified in Emergency Medicine and in EMS Medicine. He completed EMS Fellowship at the University of New Mexico, Emergency Medicine Residency at University of Michigan, and is a Nationally Registered Paramedic. Dr. White currently serves as EMS Medical Director for the Bernalillo County Fire Department, Cibola County Emergency Medical Services, Pueblo of Acoma EMS/Fire Department, Pueblo of Laguna Fire Protection Program, Pine Hill Emergency

Medical Services, and the TóHajiilee Field Office of Navajo Nation EMS.

Susan K. Wilger, MPAff

Areas of expertise include organizational systems, resource development/grant writing, program development and management, with a focus on issues unique to rural and frontier environments and not-for-profit organizations. I am a skilled trainer and facilitator. I have a bachelor's degree in education from the University of Wisconsin-Madison and a master's degree in public affairs from the University of Texas-Austin.

Jeanie Wilson, MBA

CFO and member of the Executive Team of Four Corners Community Behavioral Health, a behavioral health center serving the beautiful southeast region of rural Utah. She has worked in the behavioral health field for the past 24 years. Jeanie partnered with Southern Utah University to write a HRSA grant to develop the Utah Rural Opioid Healthcare Coalition (UROHC) and serves as UROHC Project Director.

Dawn Wilson, MSW

Director of the National Adoption Competency Mental Health Training Initiative (NTI), has more than 30 years of experience in the child welfare, mental health and prevention fields, with expertise in program development and implementation.

Stefanie Winfield, MSW

Research and Technical Assistance Associate with the Behavioral Health Program. Her work at WICHE focuses on the Mental Health Technical Transfers Center's work in schools providing intensive technical assistance and training to 2 elementary schools. Stefanie received her BSW from Skidmore College in Saratoga Springs, NY and her MSW from the University of Denver. She has also completed certificates in the Advanced Study of Program Evaluation, Accelerated Learning, E-learning Design and Organization Development.

Ashley Yaughner, PhD

Professional Practice Extension Assistant Professor of Health & Wellness serving Carbon and Emery Counties; focusing on the opioid epidemic our communities are facing. Ashley earned her Ph.D. in Clinical Psychology from Texas A&M University and has a strong background in mental health and wellness. Ashley is a member of UROHC and hopes to make positive impacts on several key factors through involvement with UROHC.

Claudia Zundel, MSW

Undergraduate degree in sociology from Thiel College and her Masters from the University of Houston. Currently, Claudia's title is the Director of Workforce Development and Innovation for the Office of Behavioral Health at the Colorado Department of Human Services. Part of the innovation role is overseeing an initiative building a trauma informed children's behavioral health system. Ms. Zundel is the Principal Investigator for a U.S. Department of Health and Human Services, SAMHSA grant; Comprehensive Community Mental Health Services for Children and their Families commonly known as System of Care.

2019 Annual National Association Rural Mental Health Conference

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UNM Division of Community Behavioral Health Continuing Education Team

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Helene Silverblatt

Martha "Molly" Faulkner

Avron "Avi" Kriechman

Angela D. Banks-Harris

Gilbert Cordova (UNM IT Department)

Volunteers

NM Human Services Department Behavioral Health Services Division

Odyssey Group

Comagine

Rush Order Tees

Emily Louise Heard

Attendees of 2019 Annual NARMH Conference