

2017 NARMH Annual Conference Agenda

Please note: This is a tentative agenda as of August 28 and is subject to minor changes.

Wednesday, September 6

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| 12:00 pm | Registration for NARMH Conference | | | | |
| 12:45 – 1:00 pm | Conference Welcome | | | | |
| 1:00 – 2:30 pm | Plenary 1: Why Do We Have the VA System... And What's Rural Got to Do With It? <i>Harold Kudler and Sonja Norman (Department of Veteran's Affairs)</i> | | | | |
| 2:40 – 3:40 pm Concurrent Session 1 | 1A Using Telehealth and Online Consultation to Improve the Care of Rural Veterans with PTSD <i>Sonya Norman, Leslie Morland, Todd McKee</i> | 1B Using Genetics, Epigenetics and CBT to Treat Trauma, or Anything Else <i>Russ Hunt</i> | 1C1 Effectiveness of Peer-Delivered Services in the Provision of Trauma-Specific Treatment <i>Annette Crisanti</i> 1C2 The ECHO model: Current Knowledge and Future Research <i>Julie Salvador</i> | 1D Resilient and Ready: Coaching Innovations to Support Rural Veterans <i>Jennifer Roseman</i> | 1E Don't I Know You? Ethical Dilemmas in Rural Psychology <i>Angela Keith</i> |
| 3:50 – 4:50 pm Concurrent Session 2 | 2A Relationship Education for Rural Military Personnel and Veterans: A Partnership Between Extension and National Guard Chaplains <i>Anthony Santiago, David Brown</i> | 2B Creating a Patient Centered Research Community (PCRC) to Support Rural Mental Health <i>Nate Thomson, Beth Klaus, Donna Lechleiter, Kelly Nottingham</i> | 2C1 Accessing Pediatric Behavioral Health Services in Rural Integrated Care Settings <i>Rachel Valleley</i> 2C2 Integrating Behavioral Health in Primary Care in the Bering Straits <i>Seth Green</i> | 2D Asynchronous Collaborative Mental Health Techniques for Primary Care Settings <i>Karen Reimers</i> | 2E Relational Therapy in Rural Communities <i>M. Evan Thomas, Amy Morgan</i> |

Thursday, September 7

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| 7:00 a.m. | Registration for Conference | | | | |
| 7:15 - 8:15 am | Continental Breakfast Buffet and NARMH Membership Meeting | | | | |
| 8:15 - 8:30 am | Welcome and Introductions <i>Dennis Mohatt, Conference Chair</i> | | | | |
| 8:30 – 9:30 am | Plenary 2: Housing the Hardest to Serve in Rural Communities: Innovations and Best Practices <i>Jenn Lopez (Project Moxie and Cardinal Capital) and Zoe Lebeau (LeBeau Development, LLC)</i> | | | | |
| 9:40 - 10:40 am Concurrent Session 3 | 3A Innovation and Improvement Through Data <i>Pam Hawkins, Rikke Addis</i> | 3B1 Does Mental Health Research Consider Rural Populations?: A Systematic Review. <i>Kathi Trawver, Heidi Brocious, Donna Aguiniga</i> 3B2 Caring for Latinos: Exploring Barriers to Mental Health and Substance Use Services Use in Rural American <i>Ann Cheney</i> | 3C A Better Me <i>Tree Lipar, Kim O' Neal</i> | 3D Collaboration Between BH Providers and Schools in Underserved Rural Areas <i>Catherine Jones-Hazledine, Patrick Waugh, Shanna Rosentrater, Lori Liggett</i> | |
| 10:40 am - 11:10 am | Break, View Exhibits and Networking | | | | |
| 11:10 am - 12:10 pm Concurrent Session 4 | 4A1 A Successful Consultation Model for Individuals with | 4B Global Perspectives of Rural Mental Health: The Need for | 4C Building Sustainable Telepsychiatry Programs: A | 4D1 Rural Solutions: Preparing Counselors and Nurses to | |

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| | ID/DD and Psychiatric/Medical/System Concerns in a Rural State <i>Helene Silverblatt</i> 4A2 Improving Depression Screening in a Rural Primary Care Clinic <i>Kori Vander Yacht</i> | International Collaboration <i>Steve Bain, Sarah-Anne Munoz</i> | How-To Guide <i>Samir Malik</i> | Work in Integrated Care <i>Christine Chasek</i> 4D2 “Growing our Own” Behavioral Health Professionals for Rural Nebraska <i>Ann Kraft, Howard Liu</i> | |
| 12:10 - 2:10 pm | Awards Luncheon (Howery, Going to Bat, Rural Arts, Ann Schumacher) | | | | |
| 2:20 – 3:20 pm Concurrent Session 5 | 5A Integrating Behavioral Health into Primary Care: Recommendations and Lessons Learned <i>Holly Roberts, Howard Liu, Christine Chasek</i> | 5B Reactive Attachment Disorder and How to Deliver Services <i>Amy Swigart</i> | 5C Professional Ethics in Rural Social Work Practice <i>Paul Mackie</i> | 5D Best Practices in State Policy Advocacy <i>Nicholas Brotzel</i> | |
| 3:30 – 4:30 pm Concurrent Session 6 | 6A Understanding Boundaries and Addressing Ethical Challenges in Rural Settings <i>Gregory McCutcheon</i> | 6B1 TelePractice Improvement: Training the Workforce on Implementing Effective Technology-Based Services <i>Nancy Roget, Joyce Hartje</i> 6B2 Effective Counseling Practices for Rural Youth in Therapeutic Residential Treatment Settings. <i>David Scott, Taylor Roberson</i> | 6C Federal Policies, Programs, and Funding Opportunities to Support Rural Health <i>Roberto Delgado, Rocky Chenelle, Deb Meyer</i> | 6D Opportunities to Enhance Behavioral Health Services Through Value Based Payment Strategies <i>Lisa Kilawee</i> | 6E Roundtable Discussion: Influence of Rural Culture in Addressing Substance Use <i>M. Evan Thomas, Nancy Brossoie</i> |
| 5:00 – 7:00 pm | Networking at Local Restaurants | | | | |

Friday, September 8

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| 8:00 - 9:00 am | Continental Breakfast Buffet, Networking and View Exhibits | | | | |
| 9:00 – 11:30 am | Combined Session: NARMH, CIBHS (California Institute for Behavioral Health Solutions) and CBHDA (County BH Directors Association of California) Where Rural Health Stands in the Current Washington Healthcare Debates: The Challenges and Opportunities Ahead <i>Alan Morgan, CEO, National Rural Health Association; Moderator: Ron Manderscheid (NACBHDD), Panel Members: Alan Morgan (NRHA), Wayne Lindstrom (New Mexico), Nick Macchione (FECHE), Noel O'Neill (San Diego)</i> | | | | |
| 11:30 am – 1:00 pm | Lunch On Your Own | | | | |
| 1:00 – 2:00 pm Concurrent Session 7 | 7A1 Alaska Psychology Internship Consortium (AK-PIC): Strengthening Alaska’s Behavioral Health Workforce <i>Cody Chipp, Dennis Mohatt</i> 7A2 A Guide to Creating a Behavioral Health Workforce Recruiting Website <i>Krista Roberts</i> | 7B Making Integrated Care Financially Sustainable in Rural Areas <i>James Werth</i> | 7C Data Sharing Solutions for Rural Mental Health and Justice Systems <i>Lisa Clements, Tina Gonzales</i> | 7D Building Resilience in the Workforce <i>Brent Khan</i> | 7E Behavioral Health Outcomes and Performance: The New Lay of the Land <i>Ron Manderscheid</i> |
| 2:00 – 2:10 pm | Break, View Exhibits and Networking | | | | |
| 2:10 – 3:10 pm Concurrent Sessions 8 | 8A Healthcare Enrollment for Rural County Jails with the Implementation of the | 8B Empower Peers! Start a Peer Self-Advocacy Group in Your Community | 8C 5 Award-Winning Rural Behavioral Health Workforce Solutions | 8D1 Building Capacity for Mental and Behavioral Health in American Indian Country | 8E SAMHSA Programs Outcomes Measures Updates <i>Lisa Patton</i> |

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| | Affordable Care Act <i>Julia Holloway</i> | <i>Linda Naranjo</i> | <i>Howard Liu, Helene Silverblatt</i> | <i>Kellie Thompson</i> 8D2 Mental Health Needs for the Rural South Plains <i>Eric Rosen, Michelle Tanner, Tara Fox, Brandy Mounts</i> | |
| 3:20 – 4:20 pm Concurrent Sessions 9 | 9A Rural Social Workers Address Their Communities Emergency Mental Health Needs <i>William Getz</i> | | 9C Fostering Professional Development Through the Creation of Local Training Collaboratives <i>Daniel Baslock</i> | | 9E Data is King <i>Rodney Conrad, Chirag Bhatt, Chris White</i> |
| 4:20 – 4:40 pm | Closing Session: Next Steps and Door Prizes | | | | |

BREAKOUT SESSION DESCRIPTIONS

1A Using Telehealth and Online Consultation to Improve the Care of Rural Veterans with PTSD

Many Veterans with PTSD live in rural areas. We describe programs and resources to help providers treat rural Veterans with PTSD with evidence based recovery oriented treatments.

1B Using Genetics, Epigenetics and CBT to Treat Trauma, or Anything Else

This presentation will explore the impact of genetics, epigenetics and historical trauma in successfully treating PTSD. We will discuss diagnostics and treatment using a multi-modal approach that is easily implemented in practically any setting.

1C1 Effectiveness of Peer-Delivered Services in the Provision of Trauma-Specific Treatment

This presentation will describe the results of a comparative effectiveness study that examined the impact of peer-delivered trauma-specific services on several outcomes in a rural, primarily Hispanic community.

1C2 The ECHO Model: Current Knowledge and Future Research

Extension for Community Healthcare Outcomes (ECHO) is an innovative, televideo-based model for improving services in rural areas. However, much remains to be understood about its effectiveness in behavioral health.

1D Resilient and Ready: Coaching Innovations to Support Rural Veterans

More rural Americans serve in the military than urbanites, and rural Veterans often face barriers to needed support. Our interactive session explores developing coping skills and resiliency among rural Veterans.

1E Don't I Know You? Ethical Dilemmas in Rural Psychology

In school, our ethical standards seem so black and white. Fast forward into real life practice, ethics are not clear, and the rural community brings a bevy of new ethical concerns.

2A Relationship Education for Rural Military Personnel and Veterans: A Partnership Between Extension and National Guard Chaplains

This session will discuss an emerging partnership model between the Iowa State University Extension and Outreach and the Iowa National Guard Chaplains to effectively deliver programming to promote healthy relationship education to rural military personnel and veterans.

2B Creating a Patient Centered Research Community (PCRC) to Support Rural Mental Health

The purpose of this workshop is to learn how consumers, families, providers, and researchers can come together to create a Patient Centered Research Community (PCRC) focused on mental health in rural communities.

2C1 Accessing Pediatric Behavioral Health Services in Rural Integrated Care Settings

This study explored rural and metropolitan access to behavioral health services. The length of the problem was longer and more severe for the rural referrals than metropolitan referrals.

2C2 Integrating Behavioral Health in Primary Care in the Bering Straits

Discuss challenges both geographical and financial to long term sustainability of integration of behavioral health into primary care in a rural western Alaska.

2D Asynchronous Collaborative Mental Health Techniques for Primary Care Settings

This session is an interactive workshop exploring asynchronous (not at the same time) collaborative care techniques for mental health.

2E Relational Therapy in Rural Communities

This panel will provide a collaborative space for rural mental health service providers to discuss their experiences with relational therapy under three themes: understanding, assessing, and referring.

3A Innovation and Improvement Through Data

The California Institute for Behavioral Health Solutions has developed an innovative data system for real-time client dashboards in a user-friendly format. This workshop will also train how to use data within sessions to improve client outcomes.

3B1 Does Mental Health Research Consider Rural Populations?: A Systematic Review

This paper describes results from a systematic review of empirical behavioral health outcome literature that compares the number, type, and quality of research studies that utilize rural vs. urban samples.

3B2 Caring for Latinos: Exploring Barriers to Mental Health and Substance Use Services Use in Rural American

To understand mental health and substance use services use among Latinos in rural southern California, researchers used a community-engaged research approach to examine factors contributing to psychological distress and barriers to health care services use.

3C A Better Me

What to do when youth get into trouble with the law go before the bench, juvenile detention, on probation, but not ready for home? Let us introduce "A Better Me".

3D Collaboration Between Behavioral Health Providers and Schools in Underserved Rural Areas

This session includes clinicians from clinics that provide services to rural underserved areas, as well as a school administrator from a rural school. The group will discuss several years' worth of collaboration to improve students' behavioral health.

4A1 A Successful Consultation Model for Individuals with ID/DD and Psychiatric/Medical/System Concerns in a Rural State

The presentation will explain the advantages of this consultation model for evaluating and suggesting successful strategies for working with individuals with developmental disabilities and concomitant behavioral and medical problems in their home communities throughout a rural state.

4A2 Improving Depression Screening in a Rural Primary Care Clinic

This presentation will highlight a quality improvement project which implemented increased depression screening and enhanced health information technology utilization in a rural primary care clinic.

4B Global Perspectives of Rural Mental Health: The Need for International Collaboration

This session will explore the need for international dialogue and partnerships related to global perspectives of rural mental health and help participants appreciate the positive national/regional import of such collaborations.

4C Building Sustainable Telepsychiatry Programs: A How-To Guide

Telepsychiatry can be a profit center for all participants' patients, clinics, and providers; however, to do so requires building a system that has the right incentives directed at the right players. This tutorial will teach attendees how to build such systems themselves.

4D1 Rural Solutions: Preparing Counselors and Nurses to Work in Integrated Care

Integration of healthcare has great promise for increasing mental healthcare services in rural areas. This workshop outlines a rural solution to train students to work interprofessionally and to recognize behavioral health disorders.

4D2 "Growing our Own" Behavioral Health Professionals for Rural Nebraska

Learn how the Behavioral Health Education Center of Nebraska (BHECN) Ambassador Program introduces behavioral health careers to rural students, supports virtual mentorship, and creates interprofessional networking events for graduate-level students.

5A Integrating Behavioral Health into Primary Care: Recommendations and Lessons Learned

This workshop will address procedures for integrating behavioral health services into primary care medical practices. Based upon 19 years of experience, the presenters will discuss lessons learned and potential solutions for integrating behavioral and physical health care services.

5B Reactive Attachment Disorder and How to Deliver Services

Reactive Attachment Disorder in youth can be a very frustrating and difficult to treat. Attendees will leave the seminar with new understanding, skills and interventions to assist in their most frustrating and challenging cases.

5C Professional Ethics in Rural Social Work Practice

This presentation focuses on addressing common ethical issues experienced by rural behavioral health practitioners. Concerns addressed are dual relationships, familiarity, and the "fish-bowl" phenomenon common within rural communities.

5D Best Practices in State Policy Advocacy

This session will provide highly customizable, practical, and step-by-step advice on how to successfully communicate with state policy makers.

6A Understanding Boundaries and Addressing Ethical Challenges in Rural Settings

Identify and understand the unique ethical challenges in providing rural services, and the role boundaries play in allowing a safe connection between service providers and the individuals they serve.

6B1 TelePractice Improvement: Training the Workforce on Implementing Effective Technology-Based Services

NFAR-ATTCC developed trainings on topics essential to expanding behavioral healthcare and improving client outcomes by practicing in an online environment. Details on the curricula and evaluation results will be presented.

6B2 Effective Counseling Practices for Rural Youth in Therapeutic Residential Treatment Settings.

The effectiveness of therapeutic group homes has been questioned as an effective form of treatment for youth. This presentation will examine effective treatment modalities and rural youth.

6C Federal Policies, Programs, and Funding Opportunities to Support Rural Health

There is a need to expand access to, and improve the quality of, mental health services in rural communities. In this session, staff from different federal agencies will describe policies and ongoing efforts to achieve these aims. In addition, rural mental health stakeholders will have an opportunity to ask questions and learn about resources including funding opportunities.

6D Opportunities to Enhance Behavioral Health Services Through Value Based Payment Strategies

In this session, you will gain the opportunities to improve the integration of behavioral health services into primary care in a Value Based Reimbursement World.

6E Roundtable Discussion: Influence of Rural Culture in Addressing Substance Use

This roundtable discussion will provide opportunities for rural mental health professionals to provide feedback on current training protocols for training service providers how to effectively use SBIRT in rural areas.

7A1 Alaska Psychology Internship Consortium (AK-PIC): Strengthening Alaska's Behavioral Health Workforce

Alaska Psychology Internship Consortium created a "grow your own" workforce with 67% of graduates accepting their first job in Alaska serving rural and underserved populations. Lessons learned are presented.

7A2 A Guide to Creating a Behavioral Health Workforce Recruiting Website

Behavioral health workforce recruitment can pose challenges. NebraskaBehavioralHealthJobs.com presents best practices to develop a jobs website utilizing the right partners and the latest technology with minimal manning and financial resources.

7B Making Integrated Care Financially Sustainable in Rural Areas

In response to concerns about the financial viability of integrated care programs, this workshop will discuss how one behavioral health program located in rural primary care clinics has become sustainable.

7C Data Sharing Solutions for Rural Mental Health and Justice Systems

Justice Connect is a data-sharing platform developed to assist jails in identifying individuals in needed behavioral health services while incarcerated and supporting the coordination of care immediately upon release.

7D Building Resilience in the Workforce

This workshop will seek to educate individuals on the basic physiology of the stress response and to introduce tool that would promote resilience in their lives.

7E Behavioral Health Outcomes and Performance: The New Lay of the Land

Ron Manderscheid will discuss national trends and developments regarding state behavioral health outcomes and performance.

8A Healthcare Enrollment for Rural County Jails with the Implementation of the Affordable Care Act

This workshop will discuss how ASPIN worked closely with the Sheriff's Association to sign up inmates with insurance and developed training working towards a smooth process for post-incarceration re-entry services.

8B Empower Peers! Start a Peer Self-Advocacy Group in Your Community

Discover the value of peer self-advocacy services with a step-by-step action plan to start a peer self-advocacy group to meet the mental health needs of people in rural communities.

8C 5 Award-Winning Rural Behavioral Health Workforce Solutions

This workshop will offer a toolkit of award-winning programs, organizational models, and a national forum to address rural behavioral health workforce shortages.

8D1 Building Capacity for Mental and Behavioral health in American Indian Country

The SAGE project aims to train master-level social workers to be culturally-competent mental and behavioral health providers in Indian Country, focusing on working with at-risk Native American children and adolescents.

8D2 Mental Health Needs for the Rural South Plains

Rural mental health and substance abuse service pose unique and challenging needs for professionals. This session is designed to present implications and opportunities for mental health and substance abuse professionals.

8E SAMHSA Programs Outcomes Measures Updates

Lisa Patton, PhD, Director of SAMHSA's Division of Evaluation, Analysis and Quality, will discuss the latest SAMHSA data developments and around First Episode Psychosis (FEP) program outcomes, Medication Assisted Treatment outcomes, the Government Performance and Results Act (GPRA) and SAMHSA directions in consumer opinion/satisfaction data. She will discuss SAMHSA guidance for states in these areas, as well as share preliminary FEP findings.

9A Rural Social Workers Address Their Communities Emergency Mental Health Needs

Rural communities are social service vulnerable. This presentation discusses findings from an action research study addressing the needs of such a community for a mental health service for disaster survivors.

9C Fostering Professional Development Through The Creation of Local Training Collaboratives

Participants will explore developing training collaboratives in their communities to enhance the professional development of local direct service clinicians, to enhance staff retention and to reduce training costs.

9E Data is King

FEI Systems, a leader in behavioral health data systems, will be discussing the various aspects of effective and meaningful data collection and the considerations that come into play including data privacy and security, data standards, data quality, and centralized versus de-centralized solutions. Discussion will also touch on topics such as 42 CFR Part II, system interoperability, and advanced reporting techniques.